

CATCH: Child and Adolescent Transgender Center for Health

For more information or to schedule an intake appointment, please call [617.414.2663](tel:617.414.2663) [tel:617.414.2663] or email CATCHclinic@bmc.org [mailto:CATCHclinic@bmc.org] to speak to a member of our clinical team. If you are a new patient to BMC, please register first by calling Registration at [617.414.6060](tel:617.414.6060) [tel:617.414.6060]

As part of the Department of Pediatrics at Boston Medical Center, CATCH is committed to providing support and care to children, adolescents, and young adults across the gender spectrum. Whether you or your child identify as transgender, nonbinary, or gender-exploring, our dedicated clinical team is here to assist you every step of the way.

CATCH officially launched in June of 2017 and currently supports more than 400 patients and their families throughout the Northeast. We have an incredibly diverse patient population across socioeconomic, racial, and cultural lines, as well as across the spectrum of gender identity and expression. CATCH seems to be catching on, and we are adding new intake slots so that youth and their families do not need to wait more than 8–10 weeks to get an appointment with us. We are lucky to have an amazing multidisciplinary team of medical and behavioral health providers; nursing, pharmacy, and administrative staff; and patient navigators. We want to make sure that youth and family get the support they need, when they need it.

“ As a parent of a child going through the transgender experience, I have found valuable information on this site. After the surgery, I will be caring for him/her at my home. As a retired nurse, the clinical care will not overwhelm us (hopefully). The suggestions and the respect for your patients warms my heart. The more I know, the more I can properly support my child. Thank you for all you do!

—Anonymous

During the initial visit, patients and families will meet with a medical provider and social worker together. Medical, mental health, and gender histories are reviewed, followed by a discussion around youth and family goals and gender-affirming care options available* at CATCH. These include:

- Parent education and family support
- Individual therapeutic support, including connection to community resources
- Access to onsite hormone blockers (both injections and implants)
- Gender-affirming hormone therapy (estrogen and testosterone)
- Referral to, and care coordination with, other Center for Transgender Medicine and Surgery services at BMC

** Factoring in where the patient is in terms of medication and process, pubertal status, and age.*

Customized treatment plans are created based on individual patient and family goals. At CATCH, we know that every patient and family is different. Our job isn't to tell patients what they need to do. Our job is to listen. Youth and families tell us what they need. We help them to get there.

CATCH: BMC's Resource for Gender Nonconforming Youth



CATCH 
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[Read More about CATCH at HealthCity](#) →

Specialty Clinics

Specialty Clinics

GenderCare Center

A program providing gender health services and gender-affirming care for people across the gender spectrum, including clinical support, hormone therapy, surgical consultation, and coordinated care.



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