





# The Role of the WUSD Mental Health Coordinator



**"W.U.S.D.**

**W**atertown... **U**plifting, **S**upporting, **D**eveloping **Resilience"**





# Purpose of the Mental Health Coordinator Role

**1**

**Build relationships with staff, students, parents, and the community.**

**2**

**Enhancing the learning environment by integrating community mental health services.**



**3**

**Providing support to staff, students, and families.**

**4**

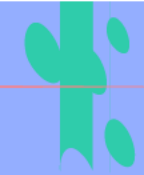
**Building partnerships within the community.**





# What the Staff can EXPECT





# STAFF COLLABORATION

**Provide professional development on trauma-informed and trauma sensitive practices and mental health strategies.**

**Collaborate with teachers**

**Serve as a resource for staff**

**Facilitate workshops on resilience and wellness**



**Conduct monthly workshops on managing classroom behaviors through a mental wellness lens**

**Offer one-on-one consultations for teachers navigating complex student mental wellness challenges**





# What students can **EXPECT!**





# STUDENT ENGAGEMENT

**Implement and oversee student mental health programs (small groups and clubs)**


**Promote monthly mental health awareness through workshops**

**Collaborate with RTI, Second Step, Responsive Classrooms, and PBIS teams to support students.**

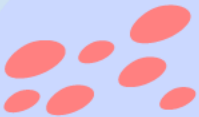
**Facilitate workshops for students and staff on resilience and wellness.**

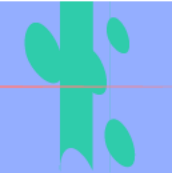
**Weekly small group sessions focused on emotional resilience.**

**Launch of Mental Health Ambassadors Club for elementary, middle, high school students and staff.**



**What  
Parents  
can EXPECT**





# PARENT CONNECTION

**Create opportunities for parents to engage in mental health education.**

**Develop forms for parents to schedule meetings with the Mental Health Coordinator.**

**Equip parents with strategies to support their children's mental health through monthly workshops**



**Host workshops on managing childhood mental wellness**



**Provide referral forms for parents seeking support.**







**What the  
Community  
can  
EXPECT**





# COMMUNITY PARTNERSHIP

**Build partnerships with local mental health organizations.**

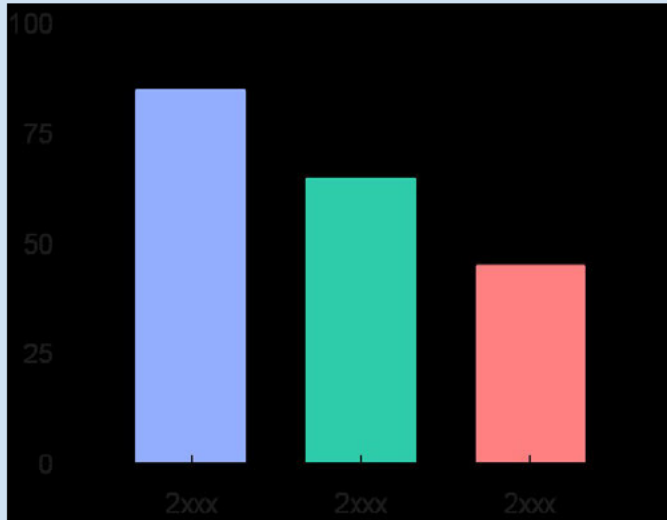
**Coordinate community mental health events**

**Partner with Psychotherapy Center of Waunakee  
&  
Care Solace**

**Organize a Mental Health Awareness Day with local leaders and advocates.**



# Data Management and Outcome Monitoring



85%

65%

45%

## Collect & Analyze Data

Analyze survey data to tailor mental health interventions.

## Bi-Annual Surveys

To gauge the impact of mental health programs on school climate and emotional well-being using the results to make data-driven adjustments to programs and training.

Share findings with district leadership to ensure alignment with mental health goals.

Monitor program(s) effectiveness

Present quarterly reports on program success.

# What the Role Is Not!!

- **Not a therapist or counselor for individual students.**
- **Not responsible for student discipline.**
- **Not a substitute for teachers, administrators, psychologist counselors, or social workers.**





# WATERTOWN

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## UNIFIED SCHOOL DISTRICT

**"W.U.S.D. – We Understand & Uplift, Support, and Develop Resilience"**

**At Watertown Unified School District, our focus is Uplifting each other, Supporting emotional well-being, and Developing “RESILIENCE” across our entire school community.**

**This year, we’re working together to help students, staff, and families grow stronger, tackle challenges, and thrive in a positive, supportive environment.**

**Let's make this a year of growth, support, and resilience for everyone!**

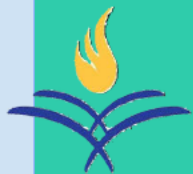
**'We Uplift, Support, and Develop Resilience'**



# Thanks!

Do you have any questions?

WUSD Mental Health Coordinator



**WATERTOWN**  
UNIFIED SCHOOL DISTRICT

