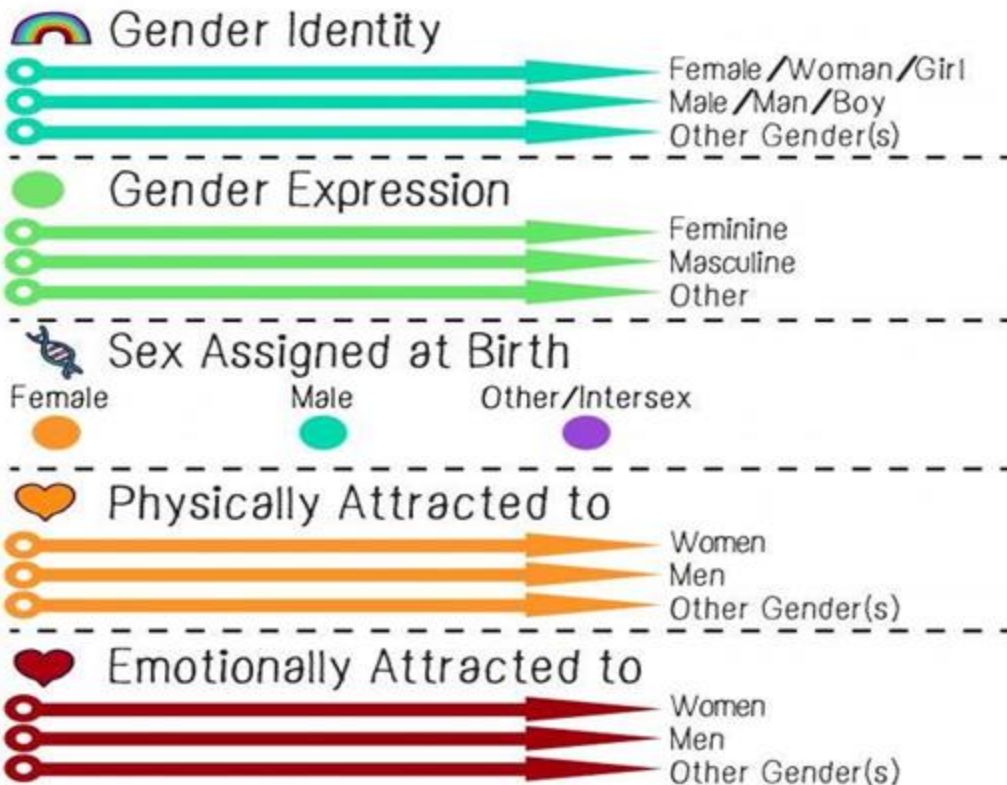
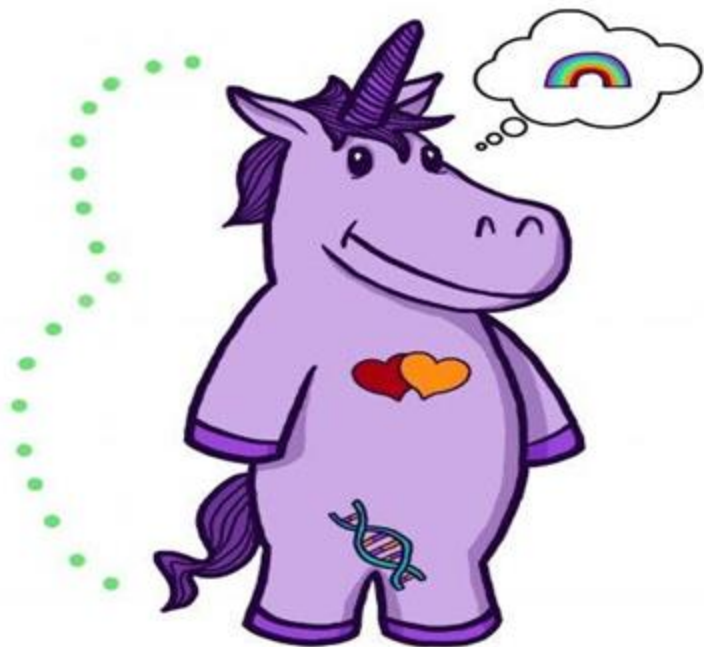


The Gender Unicorn



L

Lesbian

A woman who is primarily attracted to women.

G

Gay

A man who is primarily attracted to men; sometimes a broad term for individuals primarily attracted to the same sex.

B

Bisexual

An individual attracted to people of their own and opposite gender.

T

Transgender

A person whose gender identity differs from their assigned sex at birth.

T

Transsexual

An outdated term that originated in the medical and psychological communities for people who have permanently changed their gender identity through surgery and hormones.

Q

Queer

An umbrella term to be more inclusive of the many identities and variations that make up the LGBTQ+ community.

Q

Questioning

The process of exploring and discovering one's own sexual orientation, gender identity and/or gender expression.

I

Intersex

An individual whose sexual anatomy or chromosomes do not fit with the traditional markers of "female" and "male."

A

Ally

Typically a non-queer person who supports and advocates for the queer community; an individual within the LGBTQ+ community can be an ally for another member that identifies differently than them.

A

Asexual

An individual who generally does not feel sexual desire or attraction to any group of people. It is not the same as celibacy and has many subgroups.

P

Pansexual

A person who experiences sexual, romantic, physical and/or spiritual attraction to members of all gender identities/expressions, not just people who fit into the standard gender binary.



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Following



BEING TRANSGENDER IS NOT A CHOICE



Being transgender is an identity.

No one has to do anything to be transgender. Nothing happened to make someone transgender. Someone just *is* transgender. Someone might choose to transition – a gender transition is any step(s) a person takes to affirm their gender identity. That is: 'transition' is an act, 'transgender' is an identity. And transitioning is an act of volition. People choose to transition, and not all trans people transition. But the actual *being* transgender is not a choice. It does not require any action. It is an identity. It just is.

SCHUYLER BAILAR @PINKMANTARAY

**NOTE: For many trans folks, transitioning does not feel like a "choice." If it is necessary to live, if any choice is involved, it can often be the choice between living and not.*



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TRANSGENDER TERMINOLOGY GUIDE

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Incorrect –	Correct –
<ul style="list-style-type: none"> ✗ He <u>chose</u> to be transgender last year. ✗ He <u>became</u> / <u>decided</u> to be transgender in 2014. ✗ He <u>wants</u> to identify as transgender. 	<ul style="list-style-type: none"> ✓ He <u>came out</u> as transgender last year. ✓ He <u>discovered</u> he was transgender in 2014. ✓ He <u>is</u> transgender. <p><small>Being transgender is not a choice or a decision. Being transgender is an identity. I did not choose to be trans. I just am transgender. I, though, did choose to come out and tell people about my identity.</small></p>
<ul style="list-style-type: none"> ✗ He is <u>a</u> transgender. ✗ He is <u>transgendered</u>. 	<ul style="list-style-type: none"> ✓ He <u>is</u> transgender. <p><small>"Transgender" is an adjective. It is not a verb or a noun. Inserting the article "a" before it dehumanizing, and adding "-ed" at the end is not only grammatically incorrect but also implies something has happened to us to make us the way we are, which is false.</small></p>
<ul style="list-style-type: none"> ✗ He <u>changed genders</u>. ✗ He <u>became</u> a boy. ✗ He <u>was born</u> a girl. 	<ul style="list-style-type: none"> ✓ He <u>transitioned</u>. ✓ He <u>came out</u> as trans. ✓ He <u>was assigned female at birth</u>. <p><small>I didn't change my gender. I changed my presentation. I've always been myself—a boy and man. I just haven't always had the words or resources or confidence to claim it.</small></p>

pinkmantaray.com/terminology

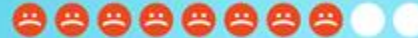
Transgender Rights



- Access to Medical Care
- Opportunity to participate in Sports
- All Gender Bathrooms

WHY TRANS PEOPLE NEED MORE VISIBILITY

With more visibility comes more understanding. These statistics can and will get better as trans people become more visible in our society.



80% of trans students feel unsafe at school because of their gender expression

The Gender, Violence, and Resources Access Survey found that

50%

of trans people have been raped or assaulted by a romantic partner

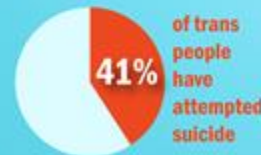


of gender non-conforming students have experienced verbal harassment in the past year because of their gender expression, compared to 29% of their peers.



of trans people reported physical abuse in a 2007 survey

Trans people of color are...
6X more likely to experience physical violence when interacting with the police than white cisgender survivors of violence



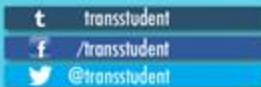
of trans people have attempted suicide



1 in 5 transgender people have experienced homelessness at some point in their lives



1 in 8 have been evicted due to being transgender



For more information, go to transstudent.org/graphics

TSER
Trans Student Educational Resources

Infographic Design by Landyn Pan

How do you stay true
to your beliefs while
also respecting
others?

History of the Gay Movement



What injustices do people who belong to this community encounter?

FAMILY REJECTION



Some families believe that the best way to help their LGBTQ child is to help them try to fit in with society. This may mean trying to change or suppress the youth's sexuality, gender expression, or identity.

Missed Connections

As a parent or caregiver, stopping connections to LGBTQ resources can harm you and your youth



Block access to LGBTQ community



Keep knowledge to oneself



Isolate from others



Rejecting Ways That Harm

Telling child/youth to keep silent about their LGBTQ identity and making them keep it a secret in the family



Blocking access to LGBTQ friends, events & resources and excluding LGBTQ youth from family and family activities



Physically hurting child/youth because of their LGBTQ identity



Trying to make LGBTQ youth fit in can harm them. These are some ways:



Pressuring child/youth to be more (or less) masculine or feminine and verbally harassing them because of their LGBTQ identity



Blaming child/youth when they are discriminated against because of their LGBTQ identity and telling them that their identity goes against your religious beliefs



Impact on Youth

By stopping connections and making youth fit in, you and the LGBTQ youth can be harmed

8x as likely to attempt suicide



6x as likely to report high levels of depression



3x as likely to use illegal drugs



3x as likely to be at high risk for HIV & STDs

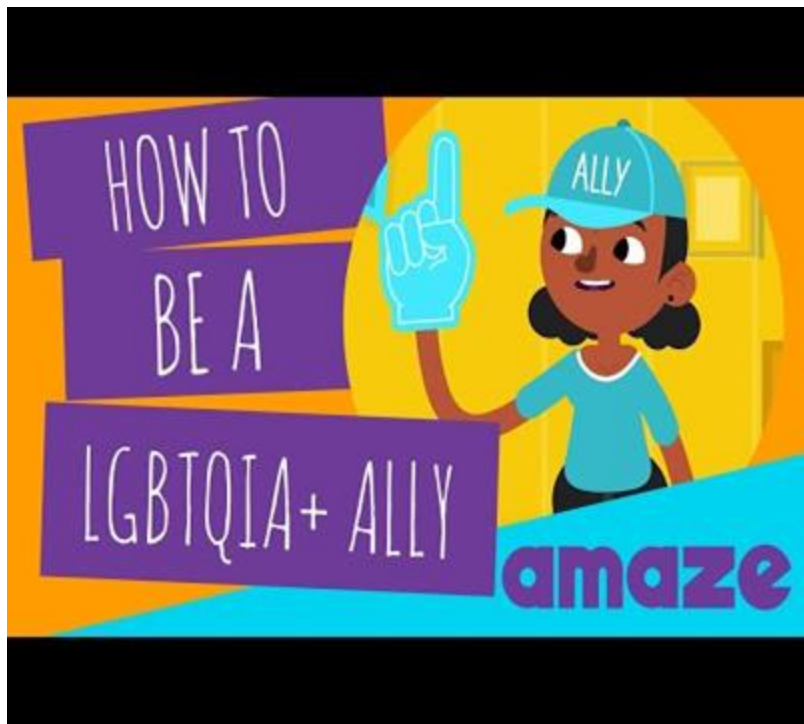


Have you or someone you know experienced rejection or discrimination regarding gender identity?

How do you feel about this information?

What can we do to become an ALLY?

HOW TO BE AN ALLY



FAMILY ACCEPTANCE



Lesbian, gay, bisexual, transgender & questioning (LGBTQ) youth who feel loved and accepted by their families about their sexuality, gender expression, or identity are more likely to believe they will have a good life and be happy adults

Connections

As a parent or caregiver, making connections to LGBTQ resources can help you and your youth



707-251-9432

Call LGBTQ Connection



Seek resources to understand



Connect with other parents and find allies

Accepting Ways That Show Love

Love is an action. Show LGBTQ youth you care by practicing these:

Expressing affection
when child/youth tells you or you learn that they are gay or transgender.



Connecting
child/youth with other LGBTQ resources and bringing them to LGBTQ organizations or events



Welcoming
child/youth's friends & partners into your home and requiring other family members to respect them



Supporting
child/youth's LGBTQ identity and gender expression and talking with them about it even though you may feel uncomfortable

Standing up
for child/youth when they are mistreated because of their LGBTQ identity in school, church, or at the doctor's office



Impact on Youth

Making connections and showing acceptance can have a positive impact on your LGBTQ youth



Child/Youth can stay alive

Child/Youth can have a healthy life



Child/Youth can be open to return love

Child/Youth can help others



LGBTQ CONNECTION

707-251-9432