## LGBTQ+ Resources & Support



• The Trevor Project's Guide to Coming OUT as YOU! (Contains guided questions and prompts to assist in planning for Coming Out, including a Safety Plan)



- 24/7 phone, text, and chat crisis line for LGBTQ+ Youth
- Includes resources for youth, parents, and educators about preventing suicide and training for school staff to discuss LGBTQ+ Competent suicide prevention



- Offers Resources, Support, Programs, and Events for the LGBTQ+ Community and Allies
- Includes Gender Identity Programs, LGBTQ+ Youth Center, and Community Support Groups



• Offers 24/7 Helpline and Text line:

(866) WE-LISTEN (866) 935-4783 & (919) 504-5211

 Provides Education and Outreach, Support Groups and Workshops, and Trainings and Advocacy