



# The SPOT @ JHS Year in Review

April 18, 2016

Jennings School District  
School Board Meeting

# Our Team

## Washington University

- Chardial Samuel, Clinic Coordinator
- Rochelle Moore, Lead Case Manager
- Sarah Garwood MD, Medical Director
- Teriann Lindsey CNP, Medical Provider

## Youth in Need

- Mekeya Jama, Therapist



## What is the SPOT@JHS?

- We are a School-Based Health Center (SBHC)
  - SBHCs reduce barriers to care
  - SBHCs keep kids healthy and in school.
  - The Jennings SBHC is an extension of the successful model of the SPOT (Supporting Positive Opportunities with Teens) and currently includes case management, mental health care, and medical care.

# What have we been up to?

- We opened for behavioral health and case management services on March 30<sup>th</sup>, 2015.
- Medical Services began in September 2015.



# How many students have we seen?

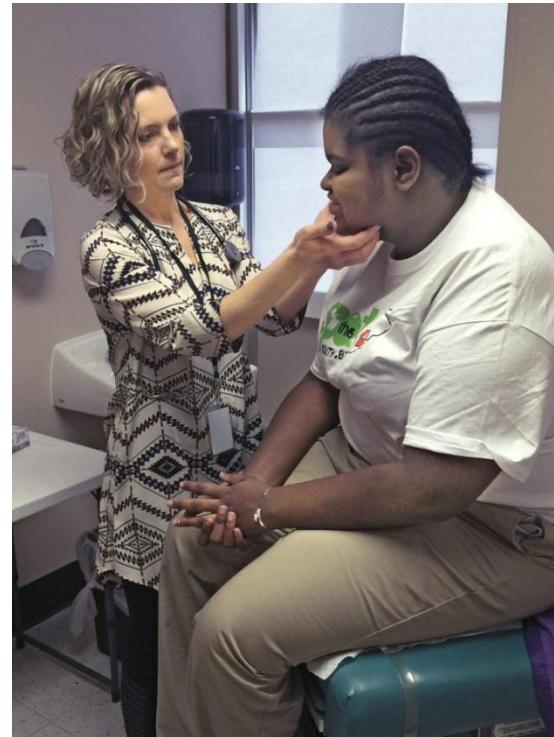
- 143 students have been referred to the SPOT. (58 male, 85 female)
  - Of those, 114 have been screened for depression and substance use as part of registration.
  - 135 students have received case management services.
  - 57 youth have received medical services.

# Mental Health Services

- 52 students have been referred for mental health services in the past year to the Youth in Need therapist alone.
- Other students end up receiving more informal therapeutic encounters with Ms. Samuel and Ms. Moore when they spend time in the SPOT space or in case management encounters.

# Current Medical Services

- Routine medical care (“check-ups”)
- Sports physicals
- Screening for STIs
- Contraception
- Treatment of Depression and Anxiety
- Common childhood medical concerns: Strep throat, skin rashes, asthma treatment.
- Health Education about sexual and reproductive health issues, asthma, nutrition, stress, etc.



# Where are we going from here?

- Provide vaccinations and continue routine health care for students without primary care.
- Continue to provide behavioral health services (screenings, counseling, case management)
- Continue to provide contraception for students who request that service.
- Continue working to secure funding for services.
- Participate in the regional conversation about SBHCs as a model to replicate.
- Continue as the model program for the St Louis region and for the state of Missouri.