

Los Angeles Unified School District | Student Health & Human Services Human Relations, Diversity & Equity





Rainbow Club Activity Guide

Art, books, games, and other activities related to LGBTQ+ identity for elementary students.





achieve.lausd.net/human-relations 👩 @lausdhrde 🖂 humanrelations@lausd.net



Los Angeles Unified School District | Student Health & Human Services Human Relations, Diversity & Equity



Rainbow Club Activity Guide

Welcome to Rainbow Club!	3
Our Diverse Identities	4
Our Villages	6
It Feels Good to Be Yourself	8
Love is Love	9
LGBTQ+ Liberation	10
Standing Up for Each Other	12
LGBTQ+ History	14
We've Got Pride	16
Taking Care of Ourselves and Others	17
Celebrating Our Time Together	18
Relevant LAUSD Policies	20
Additional Resources	20



Los Angeles Unified School District | Student Health & Human Services Human Relations, Diversity & Equity



Welcome to Rainbow Club!

What is a Rainbow Club?

Rainbow Clubs are inclusive spaces for elementary students to explore LGBTQ+ related topics. Using art, books, games, and other activities, students can build confidence, self-awareness, and community. Rainbow Clubs contribute to a safe, affirming, welcoming and healthy school environment.

How does our school start a Rainbow Club?

Any student can request a Rainbow Club! If staff becomes aware of students who would be interested in such a space, we recommend that they offer a club. Check out our <u>Guide to Starting a Rainbow Club</u> or <u>contact Human Relations</u>, <u>Diversity &</u> <u>Equity</u> (HRDE) for additional support. Parent notification is not required for any student club participation. Please reference LAUSD <u>Bulletin 5702 Meetings of Student</u> <u>Groups</u>, for additional guidance.

What do Rainbow Clubs do?

The following activities are based on HRDE's District-wide virtual Rainbow Club. We developed each week's theme based on current events, timely campaigns, and the interests of our participants. We encourage you to take inspiration from our outlines and make them your own! The resources listed are not an exhaustive list of what you can use. Visit the <u>SOGIE & GSA</u> section of HRDE's website and our <u>Schoology groups</u> for additional ideas.

When do Rainbow Clubs meet?

Clubs can meet any time outside of instructional time. Most Rainbow Clubs meet during lunch. Some schools have more than one Rainbow Club meeting to accommodate all grade levels; others allow interested students to bring their lunch to club and eat together. Work with your administrators to get creative and allow for any interested student to participate.





Our Diverse Identities

Welcome (3 min)

- <u>Supplies needed:</u> Paper, markers or crayons, example identity map
- Music video: <u>We Royal</u>

Group Agreements (5 min)

- Welcome to Rainbow Club! This is a space for celebrating many types of identities, including Lesbian, Gay, Bisexual, Transgender, Nonbinary, Queer, Questioning, Intersex, Ace and Two Spirit identities! All students are welcome here.
- Not sure what all of those words even mean?! Not sure if they apply to you? No worries! Everyone is welcome and there will be plenty of time to ask questions.
- Today we have lots of fun activities planned but first we want to have a conversation about what you can expect when you come to Rainbow Club and make some agreements about how we'll treat each other.
 - Respect names and pronouns We'll ask each of you to introduce yourself with the name and, if you'd like, the pronouns you want us to use in group. Pronouns are words we use to describe someone. For example, "My name is _____ and my pronouns are _____." If someone was talking about me, they could say- "This is my friend, (your name). (Your pronoun) likes to go hiking." In a moment, we will each have a chance to introduce ourselves with our name and pronouns. We ask that everyone respect the name and pronouns that people use for themselves.
 - **Listen when others are talking and take turns** We want to make sure that everyone who wants to gets a chance to talk. Please give others your full attention when they're speaking and please participate by sharing your voice! You can always say "pass" if you'd prefer just to listen.
 - Use kind language and support each other Rainbow Club is a place to celebrate all of the parts of our identities. Identities are all of the important parts of ourselves that make us unique, like our culture, religion, language, etc. For example, I am *(list intersections of your identity)*. Those are just some of my identities. Later on, each of us will get a chance to name important identities we hold. It is everyone's





responsibility to make Rainbow Club a place that celebrates and respects all identities.

- Share what you learn but respect people's privacy- We want you to be able to share about all the fun things you do and learn here in Rainbow Club. AND we want it to be a place where students feel comfortable sharing about their identities. We ask that everyone agree to respect people's privacy by not repeating personal things that are said in group or who said it. Here is an example. If my friend asks me what we did at Rainbow Club today, INSTEAD of saying '____ said they're nonbinary!' I could say 'We talked about pronouns and someone shared that they are nonbinary.' Does everyone understand the difference?
- Does anyone want to suggest any other agreements? (Consider writing agreements on chart paper and posting at each club meeting)

Introductions/Icebreaker (5 min)

- Let's play a game to get to know each other! Everyone starts sitting down. Then we will read off statements and if they are true for you, stand up and tell us your name, pronoun, and about your answer!
 - 1) I have a pet
 - 2) I live with more than 3 people
 - 3) I like video games
 - 4) I have family in another country
 - 5) I have a sweet tooth
 - 6) I play a sport
 - 7) I collect something
 - 8) I have a special talent
 - 9) I know a random fact you might not know
 - 10)I have a role model or someone I admire

Activity: Identity Maps (15 min) (Activity from "Start Here, Start Now" by Liz Kleinrock)

- In Rainbow Club, we're going to talk about lots of different identities, or the unique things that make us who we are.
- Examples of different identities are: Language, ethnicity, whether or not you have a disability, religion, gender, sexual orientation, age, and more.
- Watch/read <u>The Day You Begin</u> (approx. 5 min)
- Here is an example of my identity map. We all have many, many things that make us unique. All of my identities aren't on here but here are some of the





ones that I think people notice the most about me and that I care about the most.

- Now we're going to give each of you a chance to make your own <u>identity map</u>.
 First, let's brainstorm. Write down all the identities you hold on a piece of scratch paper. When you're ready, take your blank piece of paper and draw pictures/symbols or write words that represent your identities.
- We hope that you'll want to share your map with the group so that we can get to know you, however you can also keep yours private if you don't want to share.

Check-out/Next week (3 min)

- Let's go around and say one word to check out. It can be something you learned, how you're feeling, or something you look forward to talking about in Rainbow Club next time. This time, the person with the shortest hair will go first and then popcorn to the next person.
- If you need to speak with an adult after group, please let me know. Come back next week and feel free to invite your friends.

Our Villages

Welcome and Group Agreements (5 min)

- <u>Supplies needed:</u> Paper, markers/crayons, example village drawing
- Music video: <u>We're the Cool Kids</u>
- Welcome to Rainbow Club! This is a space for celebrating many types of identities, including Lesbian, Gay, Bisexual, Transgender, Nonbinary, Queer, Questioning, Intersex, Ace and Two Spirit identities! All students are welcome here.
- Not sure what all of those words even mean?! Not sure if they apply to you? No worries! Everyone is welcome and there will be plenty of time to ask questions.
- Today we have lots of fun activities planned but first we want to have a conversation about what you can expect when you come to Rainbow Club and make some agreements about how we'll treat each other. (*Elaborate, as needed, for new students.*)
 - **Respect names and pronouns**
 - Listen when others are talking and take turns





- Use kind language and support each other
- Share what you learn but respect people's privacy

Introductions/Icebreaker (10 min)

- Last time we talked about identities and the things that make us unique. Today we will talk about our unique and special villages. Villages are the community we love, who we may or may not be related to. Sometimes this is called "chosen family." Our villages may include *comadres*, godparents, family friends, or neighbors. They might be related to you by blood, by adoption, or not at all!
- Please share your name, pronouns, if you'd like. To keep getting to know each other, we're going to play a guessing game. We'll each share three things about our family or village that people here probably don't know. Two of them should be true and one should be false. Then we will all guess which one is false. I'll go first as an example. (*Give your own example of 2 facts and 1 fib about the people in your community/village*)
- The person wearing the most green can go first then popcorn!

Activity: "Who is in your village?" (10 min)

- Last time we made identity maps. For those of you who are new, you can make an identity map some time before next club meeting and share, if you'd like!
- Draw a picture of your family/village. (Consider making an example ahead of time to show. It can be similar to your identity map but with loved ones or community groups you're part of)

Check-out/Next week (3 min)

- Check-out question: If you could bring anyone to Rainbow Club next week, who would it be? This time, the person who is wearing the most red will go first and then popcorn to the next person.
- If you need to speak with an adult after group, please let me know. Come back next week and feel free to invite your friends!





It Feels Good to Be Yourself

Welcome and Group Agreements (3 min)

- <u>Supplies needed:</u> Paper, pencil, chart paper, marker, way to play video/audio
- Music video: <u>Steven Universe- Steven Writes "We are the Crystal Gems"</u>
- This is a space for celebrating many types of identities, including Lesbian, Gay, Bisexual, Transgender, Nonbinary, Queer, Questioning, Intersex, Ace and Two Spirit identities! All students are welcome here.
- Not sure what all of those words even mean?! Not sure if they apply to you? No worries! Everyone is welcome and there will be plenty of time to ask questions.
- Today we have lots of fun activities planned but first we want to have a conversation about what you can expect when you come to Rainbow Club and make some agreements about how we'll treat each other. (*Elaborate, as needed, for new students.*)
 - Respect names and pronouns
 - Listen when others are talking and take turns
 - Use kind language and support each other
 - Share what you learn but respect people's privacy

Introductions/Icebreaker (5 min)

• Let's keep getting to know each other! The person with the longest hair can go first! Please share your name, pronouns, if you'd like, and if you could only eat one food for the rest of your life, what would it be? When you're done, please choose someone else to go next.

Activity: "It Feels Good to be Yourself" (10 min)

- We've talked about lots of different types of identities. Today we are going to learn about gender identity. Has anyone heard that term before?
- We'll read a book about different gender identities. As you're listening, please write down any questions you have or words you don't know. *Read, "It Feels Good to Be Yourself" or play a read-aloud online.*
- Discussion prompts:
 - What words did you already know?
 - What words were new to you?
 - Would anyone like to share some of the words that describe your gender identity?
 - How can we support kids with diverse gender identities at this school?





Check-out/Next week (3 min)

- Let's go around and say one word to check out. It can be something you learned, how you're feeling, or something you look forward to talking about in Rainbow Club next time. This time, the person who is oldest will go first and then popcorn to the next person.
- If you need to speak with an adult after group, please let me know. Come back next week and feel free to invite your friends!

Love is Love

Welcome and Group Agreements (5 min)

- Supplies needed: Paper, pencil, way to play video
- Music video: <u>Willow- I am Me</u>
- This is a space for celebrating many types of identities, including Lesbian, Gay, Bisexual, Transgender, Nonbinary, Queer, Questioning, Intersex, Ace and Two Spirit identities! All students are welcome here.
- Not sure what all of those words even mean?! Not sure if they apply to you? No worries! Everyone is welcome and there will be plenty of time to ask questions.
- Today we have lots of fun activities planned but first we want to have a conversation about what you can expect when you come to Rainbow Club and make some agreements about how we'll treat each other. (*Elaborate, as needed, for new students.*)
 - Respect names and pronouns
 - $_{\odot}$ $\,$ Listen when others are talking and take turns
 - o Use kind language and support each other
 - Share what you learn but respect people's privacy

Introductions/Icebreaker (5 min)

• Please introduce yourself with your name, pronouns, if you'd like, grade, and if you could have one of these superpowers, would you rather be able to fly or teleport? The shortest person will go first then popcorn to the next!

Activity: "Love is Love" (10 min)

 Now we'll watch a short Pixar film. Have any of you seen it? It's called, "<u>In a</u> <u>Heartbeat</u>" (4 min).





- Discussion prompts:
 - Had you seen this or other movies with LGBTQ+ characters?
 - Do you think it's important to have queer/trans characters in a movie or TV show?
 - Have you seen characters who share an aspect of your identity before?
 - What are your favorite shows?
 - Any favorite characters?
- You are constantly impressing us with how much you already know about LGBTQ+ culture, however we are hoping we can stump you with this Pride Flag Quiz. (Note to educator: we recommend that you use this <u>Buzzfeed quiz</u> as a starting point but modify for your students- example, you can say "physical" instead of "sexual" attraction).
 - How did you learn what you already knew?
 - What is something new you learned?
 - Do you think pride flags are important? Why or why not?

Check-out/Next week (3 min)

- Check-out question: If you could create a pride flag for anything, what would it be and what would be on it?
- This time, the person who is the tallest will go first and then popcorn to the next person.
- If you need to speak with an adult after group, please let me know. Come back next week and feel free to invite your friends!

LGBTQ+ Liberation

Welcome and Group Agreements (5 min)

- <u>Supplies needed:</u> Paper, pencil, way to play video
- Music video: Las Cafeteras- "If I Were President"
- This is a space for celebrating many types of identities, including Lesbian, Gay, Bisexual, Transgender, Nonbinary, Queer, Questioning, Intersex, Ace and Two Spirit identities! All students are welcome here.
- Not sure what all of those words even mean?! Not sure if they apply to you? No worries! Everyone is welcome and there will be plenty of time to ask questions.





- Today we have lots of fun activities planned but first we want to have a conversation about what you can expect when you come to Rainbow Club and make some agreements about how we'll treat each other. (*Elaborate, as needed, for new students.*)
 - **Respect names and pronouns**
 - \circ $\,$ Listen when others are talking and take turns
 - Use kind language and support each other
 - Share what you learn but respect people's privacy

Introductions/Icebreaker (5 min)

- Please introduce yourself with your name and pronouns, if you'd like. The person with the birthday closest to today will start.
- For today's icebreaker, write down the name of one of your favorite songs and pass it to me privately. I will play each song for 30 seconds and then we'll guess whose song it is.
- After we guess your song, you can share why it's your favorite.

Activity: "LGBTQ+ Liberation" (15 min)

- In today's opening video, we heard what the band, Las Cafeteras, would do if they were president. What are some things you heard them say? What would you want to change if you were president?
- Activists are people who work to change things they don't think are fair about the world. They speak up when they see something that isn't right and work with other people to come up with solutions to problems. This is called fighting for social justice.
 - What are some social justice causes that you care about?
 - Who are activists that you've heard of, either alive now or from the past?
- We're going to read a book about two incredible activists of color, Sylvia Rivera and Marsha P. Johnson. When they were alive, they sometimes referred to themselves as drag queens. Today they might still identify as drag queens, or they might identify as transgender. Let's read, "<u>Sylvia and Marsha Start a</u> <u>Revolution</u>" (Start at 1:45)
 - What were some of the injustices that Sylvia and Marsha saw?
 - How did they stand up for their rights and the rights of others?
 - Who had power in this story? What were they able to accomplish together?





(If time, create protest art together. You may show some examples, such as <u>these</u>.)

Check-out/Next week (3 min)

- What is one thing you can do for your social justice cause before next Rainbow Club? It can be as simple as having a conversation with someone or learning more about the issue.
- This time, the person with the darkest hair will go first and then popcorn to the next person.
- If you need to speak with an adult after group, please let me know. Come back next week and feel free to invite your friends!

Standing Up for Each Other

Welcome and Group Agreements (3 min)

- <u>Supplies needed:</u> Paper, pencil, way to play video
- Music video: <u>Stand Up for You</u>
- This is a space for celebrating many types of identities, including Lesbian, Gay, Bisexual, Transgender, Nonbinary, Queer, Questioning, Intersex, Ace and Two Spirit identities! All students are welcome here.
- Not sure what all of those words even mean?! Not sure if they apply to you? No worries! Everyone is welcome and there will be plenty of time to ask questions.
- Today we have lots of fun activities planned but first we want to have a conversation about what you can expect when you come to Rainbow Club and make some agreements about how we'll treat each other. (*Elaborate, as needed, for new students.*)
 - **Respect names and pronouns**
 - Listen when others are talking and take turns
 - Use kind language and support each other
 - Share what you learn but respect people's privacy

Introductions/Icebreaker (5 min)

 Please introduce yourself with your name, pronouns, grade, and today's check in question- do you prefer salty or sweet? The person with the most colors on their shoes will go first.





• For today's icebreaker game, we're going to have fun with this <u>Unicorn Mad</u> <u>Libs.</u>

Activity: "Standing up for each other" (15 min)

- Last week we read a story about two activists that stood up for people's rights. It might feel hard to imagine how you can be an activist when you're a young person, but there are tons of opportunities, big and small, where we can stand up for what's right. And young people do it every day. Most of our movements for social justice are led by young people.
- Have you ever heard the word "bystander?" How about "upstander?" A
 bystander is someone who sees something bad happening but doesn't know
 what to do to stop it. An upstander makes a choice to try and stand up
 against what is happening, even if they're nervous.
- This is <u>a short video</u> that describes more about being an upstander.
 - What is a time when you've stood up for someone?
- OK, let's think about how we could stand up for our LGBTQ+ friends at school. I need two volunteers who are willing to act this out with me. (During role play, we recommend that the adult plays the part of "aggressor" and there is an imaginary "target." Do not have students play the role of "target." Students can play the roles of "upstanders." Help the students brainstorm a few lines to say for their part. Allow anyone who doesn't want to participate in the role play to observe.)
 - Scenario #1: You're in class when you hear some boys making fun of another student, Jacob. They tell him that he talks and acts "like a girl" and ask, "Are you gay or something?"
 - Scenario #2: Your class is doing an assignment on families. When your classmate writes about having two moms, you hear other kids start laughing and making comments under their breath like, "Eew, that's nasty." You notice that your teacher looks uncomfortable but doesn't say anything except "Shhh, next person."
- Debrief questions:
 - Have you seen things like this happen at our school?
 - What about on social media?
 - Can you share about a time when you were either a bystander or an upstander?
 - How can we support our LGBTQ+ friends?





- Who are some trusted adults at school (or home) who could help if you or someone you know was being bothered for being LGBTQ+ or any other reason? (Have each student name at least 1 person.)
- If you or someone you know are getting teased or picked on at school, it's important to let a trusted adult know so that they can help. Please let us know if you'd like to talk about anything that is bothering you after group.

Check-out/Next week (5 min)

- Check-out question: If you had a magic wand and could instantly change one thing about our school, what would it be? The person with the first name closest to the beginning of the alphabet goes first.
- If you need to speak with an adult after group, please let me know. Come back next week and feel free to invite your friends!

LGBTQ+ History

Welcome and Group Agreements (3 min)

- <u>Supplies needed:</u> Paper, pencil, way to play video
- Music video: <u>Vogue Video</u>
- Welcome to Rainbow Club! This is a space for celebrating many types of identities, including Lesbian, Gay, Bisexual, Transgender, Nonbinary, Queer, Questioning, Intersex, Ace and Two Spirit identities! All students are welcome here.
- Not sure what all of those words even mean?! Not sure if they apply to you? No worries! Everyone is welcome and there will be plenty of time to ask questions.
- Today we have lots of fun activities planned but first we want to have a conversation about what you can expect when you come to Rainbow Club and make some agreements about how we'll treat each other. (*Elaborate, as needed, for new students.*)
 - **Respect names and pronouns**
 - Listen when others are talking and take turns
 - Use kind language and support each other
 - Share what you learn but respect people's privacy

Introductions/Icebreaker (5 min)





- Please introduce yourself with your name, pronouns, if you'd like, grade, and today's check in question- would you rather have a constant drooling problem or really long nose hair?
- Ok, for our ice breaker, let's play Would you Rather.....
 - Eat a roasted marshmallow that fell in the dirt, or a marshmallow from your friend's nose?
 - Give up TikTok for life, or Roblox?
 - Go back in history to meet somebody, or go to the future?
 - Be famously known for dancing or writing poetry?

Activity: "LGBTQ+ History" (10 min)

- Does anyone know why October is a special month for the LGBTQ+ community? It's LGBTQ+ History Month! Have any of you learned about LGBTQ+ figures at school? If so, what have you learned? If not, why do you think that is?
- Let's watch a <u>video</u> about some important parts of LGBTQ+ History: (*Play 0:17-4:10*)
- Now let's see what we've learned. This <u>Kahoot! LGBTQ+ History</u> online game will test our knowledge of important dates in our history.
- Discussion questions:
 - Do you think it's important to learn about LGBTQ+ history in school?
 - What could we do to make sure our school is teaching about LGBTQ+ history?

Check-out/Next week (5 min)

- Check-out question: If you could go out to dinner tonight or get take away, which place would you want?
- The person with the first name closest to the end of the alphabet goes first.
- If you need to speak with an adult after group, please let me know. Come back next week and feel free to invite your friends!



We've Got Pride

Welcome and Group Agreements (3 min)

- <u>Supplies needed:</u> Butcher paper, art supplies, way to play video
- Music video: <u>Proud to be</u>
- This is a space for celebrating many types of identities, including Lesbian, Gay, Bisexual, Transgender, Nonbinary, Queer, Questioning, Intersex, Ace and Two Spirit identities! All students are welcome here.
- Not sure what all of those words even mean?! Not sure if they apply to you? No worries! Everyone is welcome and there will be plenty of time to ask questions.
- Today we have lots of fun activities planned but first we want to have a conversation about what you can expect when you come to Rainbow Club and make some agreements about how we'll treat each other. (*Elaborate, as needed, for new students.*)
 - Respect names and pronouns
 - Listen when others are talking and take turns
 - Use kind language and support each other
 - Share what you learn but respect people's privacy

Introductions/Icebreaker (5 min)

- Please introduce yourself with your name, pronouns, if you'd like, grade, and today's check in question- what is something you're proud of that makes you you?
- The person whose last name is closest to the beginning of the alphabet will go first.

Activity – "PRIDE" (15 min)

- Who has been to a Pride event? Tell us about it! What else do you know about Pride?
- Do you think Pride events are important? Why or why not?
- Remember back to when we learned about Marsha P. Johnson and Sylvia Rivera? They stood up for themselves and their community and their actions led to the first pride march. (*For more background, read <u>'Twas the Night Before</u> <u>Pride</u>).*
- Here is a video of a pride parade. What different identities do you see?
- Now we will each have a chance to make our own <u>pride float</u>! If you were in a parade, what would you say you're proud of? You can draw pictures of yourself with your family and friends, you could draw things from your identity map, or you





could draw things you like to do. Think of things you like about yourself and add them to your float.

Check-out/Next week (5 min)

- Check-out question: Where do you want to travel or visit?
- The person with the last name closest to the end of the alphabet goes first.
- If you need to speak with an adult after group, please let me know. Come back next week and feel free to invite your friends!

Taking Care of Ourselves and Others

Welcome and Group Agreements (3 min)

- <u>Supplies needed:</u> Paper, art supplies, way to play video
- Music video: <u>Firework: Katy Perry & Children's Choir</u>
- This is a space for celebrating many types of identities, including Lesbian, Gay, Bisexual, Transgender, Nonbinary, Queer, Questioning, Intersex, Ace and Two-Spirit identities! All students are welcome here.
- Not sure what all of those words even mean?! Not sure if they apply to you? No worries! Everyone is welcome and there will be plenty of time to ask questions.
- Today we have lots of fun activities planned but first we want to have a conversation about what you can expect when you come to Rainbow Club and make some agreements about how we'll treat each other. (*Elaborate, as needed, for new students.*)
 - **Respect names and pronouns**
 - $_{\odot}$ $\,$ Listen when others are talking and take turns
 - Use kind language and support each other
 - Share what you learn but respect people's privacy

Introductions/Icebreaker (15 min)

• Please introduce yourself with your name, pronouns, if you'd like, grade, and today's check in question- What is something you do to feel better when you're upset? (*Model sharing an adaptive coping skill, such as taking a walk or talking to a friend*).

• For our icebreaker today, we're going to play the gratitude game. Take a moment to think about things you're grateful for. It could be a delicious meal you ate, a pet, or a fun afternoon with your family. Then, when we're ready, the person with the longest name will go first and list three things they're grateful for.





Activity- "Self-care and community care" (10 min)

- Many of the things we've talked about in Rainbow Club are exciting and joyful, like our identities and communities! However, sometimes we experience discrimination, or people are mean to us because of our diverse identities. There are also things that are just plain hard about life sometimes!
- While we work for social justice, like Marsha P. Johnson and Sylvia Rivera, we must also take care of our personal and collective wellbeing.
- Self-care is when you do things to take care of yourself- like getting enough sleep, getting exercise, and talking about your problems with someone you trust.
- Collective care is when we take care of each other-like sharing our food, helping someone get to the doctor, or teaching someone something new.
- What are some things that you do to take care of yourself and your village?
- Write one thing down on each leaf of this <u>plant drawing</u>. You can write things that you do to take care of yourself and others. (You may want to make an example to show.)

Check-out/Next week (3 min)

- Check-out question: If you were a plant, what kind of plant would you be?
- The person with the shortest name will go first this time.
- If you need to speak with an adult after group, please let me know. Come back next week and feel free to invite your friends!

Celebrating Our Time Together

Welcome and Group Agreements (3 min)

- <u>Supplies needed:</u> Paper, art supplies, way to play video
- Music video: <u>She-ra and the Princesses of Power</u>
- This is a space for celebrating many types of identities, including Lesbian, Gay, Bisexual, Transgender, Nonbinary, Queer, Questioning, Intersex, Ace and Two Spirit identities! All students are welcome here.
- Not sure what all of those words even mean?! Not sure if they apply to you? No worries! Everyone is welcome and there will be plenty of time to ask questions.
- Today we have lots of fun activities planned but first we want to have a conversation about what you can expect when you come to Rainbow Club





and make some agreements about how we'll treat each other. (*Elaborate, as needed, for new students.*)

- **Respect names and pronouns**
- \circ Listen when others are talking and take turns
- Use kind language and support each other
- Share what you learn but respect people's privacy

Introductions/Icebreaker (5 min)

- Please introduce yourself with your name, pronouns, grade, and today's check-in question- What is your favorite memory from Rainbow Club?
- I'm thinking of a number between 1 and 50. Whoever guesses a number closest to the one I'm thinking of will go first.

Activity – Closing celebration party and mural reveal (15 min)

- Today, we're going to celebrate all of the time we've had together this year and the community we've built.
- Possible activities:
 - o Games:
 - Red light, green light
 - Word search
 - Simon Says
- Affirmations: Make a poster with each student's name on it. Have students write affirmations on each other's posters
- Mural: Consider posting the mural somewhere on campus and having a celebration to unveil it.

Check-out/Next year (10 min)

- What were your favorite parts of Rainbow Club this year?
- What are some things that could have been better?
- What should we work on in next year's Rainbow Club?





Feedback

We value your feedback! Please let us know how you're using the activity guide and any suggestions for how we can improve.

Relevant LAUSD Policies

- <u>BUL-5703 Name and/or Gender of Pupils for Purposes of School Records</u> with Attachment A
- MiSiS Job Aid: Updating Student Chosen Name and Gender
- BUL-6224 Gender Identity and Students Ensuring Equity and **Nondiscrimination**
- Gender Identity and Students Ensuring Equity and Nondiscrimination. Brochure
- BUL-6285 Guidelines for Sexual Orientation and Gender Identity Inclusive **Education**
- <u>REF-6799 Sex-Specific and All-Gender Single and Multiple User Restrooms</u>
- BUL-6494 Student Dress Codes/Uniforms
- <u>BUL-2047 Hate-Motivated Incidents and Crimes Response and Reporting</u>

Additional Resources

- <u>California Department of Education Frequently Asked Questions for</u> Assembly Bill 1266
- Lesbian, Gay, Bisexual, Transgender, Questioning (LGBTQ) Community **Resource Guide**
- Handbook of SOGIE Language & Vocabulary
- Defining LGBTQ Words for Elementary School Students
- LGBTQ+ History Lesson Plans
- <u>Ready, Set, Respect! GLSEN's Elementary School Toolkit</u>

Human Relations, Diversity & Equity

Instagram: @lausdhrde

Website: https://achieve.lausd.net/human-relations

Email: humanrelations@lausd.net

Schoology groups:

- LAUSD Pride: DO2SX-4RSZ6
- Standing with Black Students, Staff & Families: 93HB-DDBP-338PG
- GSA Sponsors: XSMW-XTGC-4K4QW