# DERRY TOWNSHIP SCHOOL DISTRICT

ADMINISTRATIVE REGULATION

APPROVED:

REVISED:

### 103.3-AR-0. NONDISCRIMINATION – TRANSGENDER AND GENDER NONCONFORMING STUDENTS

#### **DEFINITIONS**

Understanding the terminology associated with gender identity and expression is important to providing a safe and supportive school environment for individuals in our District. The following terms are defined to assist in understanding the guidance presented. These are the most commonly used terms, though individuals may choose other terms. Terminology and language describing transgender and gender nonconforming individuals can differ based on region, language, race, ethnicity, age, culture and many other factors. Members of the Derry Township School District community should inquire which terms individuals choose to use. Many of the following definitions are intended as functional descriptors.

**Assigned Sex at Birth** - is the sex designation, usually "male" or "female," assigned to a person at birth.

**Biological Sex** - is the biological attributes such as anatomy, chromosomes, and hormones that inform whether a person is male, female, or intersex. Where *sex* refers to biology, *gender* refers to the cultural and social understandings that are layered on top of biology.

**Cisgender** - refers to people whose sex assignment at birth corresponds to their gender identity and expression.

**Consistently Asserted Gender Identity** - is a commitment to one's gender identity asserted across multiple settings from the time when a person begins to live as the gender with which they identify rather than the gender they were assigned at birth.

**Gender** - is socially determined characteristics, roles, behaviors, and attributes a society expects from and considers appropriate for males and females; these characteristics are often referred to as "feminine" and "masculine."

**Gender Binary** - is the socially constructed dichotomy that there are only two distinct, static, and opposite genders, female and male. This model is limiting and does not take into account gender expansive individuals. Gender non-binary, describes gender identity on a continuum and thereby accounts for the range of how individuals identify in regard to their gender.

Gender Expansive - is a term that conveys a wider, more flexible range of gender identity and/or gender expression than typically associated with the binary gender (male/female) system. Gender expansive often serves as an "umbrella term" for people who do not meet the "traditional" understandings of gender and who do not want their gender to be defined in a box. Gender expansive is not synonymous with transgender; not all gender expansive individuals identify as transgender.

**Gender Expression** – The manner in which a person represents or expresses gender to others often through behavior, clothing, hairstyles, activities, voice, or mannerisms.

**Gender Fluid** - is used by people who do not identify with a fixed gender in regard to time and/or identifiers. The focal point is that of dynamic rather than static gender expression and/or identity. For example, fluidity may be in regard to both time and labels: A gender fluid person may feel they are more female on some days/weeks/years, male on others, or possibly feel that neither term describes them at all.

**Gender Identity** – A persons deeply held internal sense or psychological knowledge of their own gender, regardless of the biological sex they were assigned at birth. Everyone has a gender identity. One's gender identity may change over one's lifetime, or it may remain the same throughout one's life.

**Gender Nonconforming** - is an umbrella term for people whose gender expression differs from stereotypical expectations of the sex they were assigned at birth.

**Genderqueer/Nonbinary** - Individuals whose gender identity is outside of the traditional gender binary system of female and male. They may identify themselves with neither both or a combination of genders.

**GET** - is an acronym that stands for "gender expansive and transgender."

**Intersex** - is a person whose biological sex falls between the medical standards of male and female.

**LGBTQ** - is an acronym that stands for "lesbian, gay, bisexual, transgender, and queer or questioning." Sometimes an "I" for intersex and "A" for asexual are added to the acronym.

**Preferred Name** – is the name a person prefers to have used when referred to in conversation and/or on records.

**Pronouns** - (rather than "preferred pronouns") Using "preferred" to qualify someone's pronouns suggests that terms they are claiming do not really belong to them – they are just preferred over their "true" pronouns. A person who is transgender and uses "he" as a pronoun does not just prefer the word over "she" – that is the pronoun to use in reference to him. Rather than asking someone's preferred pronouns, ask, "what pronouns do you use?"

**Queer** – Deemed an offensive term historically and still by some people today, queer has been reclaimed by many members of the LGBT community as a term of empowerment. The term can have different meanings to different people, but in this context it generally refers to a member of the lesbian, gay, bisexual, or transgender community. This term may be used by a member of the LGBT community, who may not identify themselves by any of the others in that acronym. Since this term has a negative history, it should only be used to describe those individuals who identify themselves as queer and give permission for others to use that term to describe them

**Questioning** - is a term that may be used to describe someone who is unsure of or undecided about their sexual orientation and/or gender identity.

**Sexual Orientation** - is a person's emotional, romantic and/or sexual attraction to people of the other and/or same gender. Common terms used to describe sexual orientation include, but are not limited to, heterosexual, lesbian, gay, bisexual and queer.

**Transgender** – Those individuals whose gender identity is different from the sex they were assigned at birth. A transgender male is someone who identifies as male but was assigned the sex of female at birth; a transgender female is someone who identifies as female but was assigned the sex of male at birth.

**Transition** - The process in which a person goes from living and identifying as one gender to living and identifying as another. Transitions are not linear and may include any combination of physical, social and medical processes. Not all transgender or gender-nonconforming people transition or desire to transition in the same way. And most importantly, transitions are private and personal information about a transition should be not discussed unless conversation is initiated and led by the transgender or gender-nonconforming student.

### **GUIDELINES**

In general, the prerogative to assert the rights of the gender expansive and transgender students belong to the student and do not require additional parental/guardian consent unless the assertion of a right delineated in these guidelines implicate parental/guardian rights under the Family Educational Rights and Privacy Act or other applicable law.

### **Privacy and Confidentiality**

• All persons, including students, have a right to privacy. This includes keeping a student's actual or perceived gender identity and expression private. Therefore, school personnel should not disclose information about a GET student's gender identity and expression to others, including the student's parents/guardians and/or other school personnel, unless legally required to do so or the information is necessary in order to accommodate the student or ensure the student's safety or unless the student has authorized such disclosure or explicitly disclosed their gender in the school setting.

- In the rare instance that a school is required to disclose a GET student's status for legal or safety reasons, the school should provide the student the opportunity to make that disclosure themselves, where practicable. This would include providing the student with any support services the student would need to make the disclosure in a safe and supportive environment
- Students have the right to openly discuss and express their gender identity and expression, and to decide when, with whom, and how much information to share.
- District and school personnel may encounter situations where GET students have not disclosed their transgender status. School personnel must be mindful of the confidentiality and privacy rights of students when communicating with others, so as to not to violate those rights by, for example, revealing, implying, or referring to a student's gender identity or expression.
- To ensure confidentiality when discussing a particular concern such as conduct, discipline, grades, attendance, or health, school personnel's focus should be specifically school-related and not on the student's gender identity or expression.
- With respect to student medical records, school nurses and other licensed professionals need accurate and reliable information to confirm a student's identity. This information is needed in order to ensure that the student receives appropriate care and to enable the school nurse to coordinate care for the student with other health care providers or licensed professionals as well as to file health insurance claims with other organizations such as Medicaid. In the case of a GET student, a school nurse should use the student's chosen name and should use the student's birth name only when necessary to ensure the student receives appropriate care and to enable the school nurse to coordinate care for the student with other health care providers or licensed professionals as well as to file health insurance claims.

#### **Official Records**

- The District is required to maintain in perpetuity mandatory permanent pupil records ("official records") which include the legal name of the student and the student's sex as indicated on official government issued documents such as birth certificates, passports and identification cards/permits. The official records may include but are not limited to progress and grade reports, transcripts, assessment data, health records, discipline records, Individualized Education Programs (IEP), Section 504 Plans and the student's cumulative folder.
- The District will change a student's name and gender on official records when the name of the student is changed by the appropriate court action, such as by a change of name proceedings or through amendment of state or federally-issued identification. The

new name is the official legal name of the student for all purposes, including school registration. Upon the submission of paper evidence of the court order, the student's official name in all school records shall be changed to reflect the legal name change.

### **Unofficial Records**

- The District shall permit a student to use a chosen name on unofficial records. The unofficial records may include but are not limited to ID cards, classroom rosters, certificates, programs, announcements, office communications, team and academic rosters, diplomas, newspapers, newsletters, school directories, yearbooks and other site-generated unofficial records. The chosen name shall also appear on the student's cumulative folder (official record) as "Also Known As" (AKA).
- The District shall input the student's chosen name in the appropriate field of the District's electronic data system to indicate how the student's name will appear on unofficial records.
- The District shall permit a student who is 14 years of age or older or parent/legal guardian to request a change of name so that the student may be registered in school under a name that corresponds with the student's identity without obtaining court order or without changing the student's official records. This request shall be made in writing to the student's principal. Chosen First Name Change for DTSD's Unofficial Pupil Records Form.
- After the school receives and verifies the contents of the completed form, the school shall change the name of the student in the District's electronic data system and enter the chosen name AKA in the cumulative folder. In the cumulative folder and registration card, the AKA name should be cross-referenced.

#### Names/Pronouns

- Students shall be addressed by the name and pronouns that correspond to their gender identity without obtaining a court order, changing their official records or obtaining parent/legal guardian permission.
- Students shall be known by the name and the gender by which the person identifies. However, there may be situations (e.g., communications with family, official state or federal records, and assessment data) where it may be necessary and recommended for staff to be informed of the student's legal name and gender. In these situations, staff should prioritize the safety, confidentiality, and respect of the student in a manner that affirms the law.
- If school personnel are unsure how a student wants to be addressed in communications to the home or in conferences with parents/legal guardians, they may privately ask the

student. For communications with a student's parent/legal guardian, school personnel should refer to this policy's prior section on "Privacy and Confidentiality."

• Every effort should be made to use the chosen name and pronouns consistent with a student's gender identity. While inadvertent slips or honest mistakes may occur, the intentional and persistent refusal to respect a student's gender identity is a violation of District Policy.

### **Restroom Accessibility**

- Schools may maintain separate restroom facilities for male and female students. Where schools maintain separate restroom facilities for male and female students, GET students shall have access to the restroom that corresponds to their gender identity.
- Where available, a single stall restroom should be available to any student, GET or not, who desires increased privacy, regardless of the underlying reason.
- If a student desires increased privacy, regardless of the underlying reason, the administrator or designee shall make every effort to provide the student with reasonable access to an alternative restroom such as a single-stall restroom. The use of such a single stall restroom should be a matter of choice for a student, and no student shall be compelled to use such restroom.
- Administrators or designee may take steps to designate single stall "gender neutral" restrooms in the District.

### **Locker Room Accessibility**

- Schools may maintain separate locker room facilities for male and female students. Students shall have access to the locker room facility that corresponds to their gender identity.
- If there is a request for increased privacy, *any* student shall be provided access to a reasonable accommodation such as but not limited to: a. Assignment of a student locker in near proximity to the coaches' office or a supportive peer group.
  - Use of a private area within the public area of the locker room facility (e.g., nearby restroom stall with a door or an area separated by a curtain).
  - o Use of a nearby private area (e.g., nearby restroom).
  - o Sports, Athletics, and Physical Education
- Physical education classes and events are typically co-gender. In the rare event that the classes or activities are sex-segregated, GET students shall participate in physical education by their gender identity.

• Participation in competitive athletics, intramural sports, athletic teams, competitions, and contact sports shall be facilitated in a manner consistent with the student's gender identity (Griffin & Carroll, 2010) and in accordance with the Pennsylvania Interscholastic Athletic Association bylaws.

#### **School Activities and Programs**

- Students have the right to equitable access to activities and programs in their school. Students may not be excluded from participation in, be denied the benefits of, or be subjected to harassment or other forms of discrimination on the basis of gender identity in any program or activity. These activities and programs may include but are not limited to school day/after school activities/ programs and all extra- curricular activities.
- Whenever students are separated by gender in school activities or are subject to and
  otherwise lawful gender specific rule, policy, or practice, students must be permitted to
  participate in such activities or conform to such rule policy or practice consistent
  with their gender identity (U.S. Department of Education Office of Civil Rights,
  2014).
- For overnight field trips, the District will attempt, but cannot guarantee to assign housing based on students' requests.

### **Course Accessibility and Instruction**

- Students have the right to equitable learning opportunities in their school. Students shall not be required to take and/or be denied enrollment in a course on the basis of their gender identity in any educational and academic program.
- The District incorporates information about GET issues into curricula, as appropriate for varying grade spans.
- The District makes an effort wherever possible to ensure school computers are free
  of filtering software that blocks information about LGBTQ people, history, rights and
  organizations.

#### **Dress Codes/School Uniform Policies**

- A school's dress code policy shall be gender-neutral. Schools cannot enforce specific attire based on gender.
- Students have the right to dress in accordance with their gender identity within the constraints of the dress codes adopted by the school. Gender-neutral dress code guidelines apply to regular school days as well as any school sponsored activities.

#### **Student Safety**

- School staff must ensure that students are provided with a safe school environment that is free of discrimination, harassment, bullying and/or intimidation.
- School staff and families should work together to resolve complaints alleging discrimination, harassment, bullying and/or intimidation based on a student's actual or perceived gender identity or expression. Complaints of this nature are to be handled in the same manner as other complaints. Consideration should be given as to whether a Sexual Harassment investigation is warranted. For more information, see the District's policy prohibiting harassment by and of students and employees.

### **Education and Training**

- The District will conduct staff training and ongoing professional development in an effort to build the skills of all staff members to prevent, identify and respond to harassment and discrimination. In order to further a safe and supportive school environment for all students, the District will incorporate education and training about gender expansive and transgender students into their health curriculum and staff professional development. The content of such professional development/training should include, but not be limited to:
- Terms and concepts related to gender identity, gender expression, and gender diversity in children and adolescents;
- Appropriate strategies for communicating with students and parents about issues related to gender identity and gender expression, while protecting student privacy;
- Strategies for preventing and intervening in incidents of harassment and discrimination within the school environment.
- District and staff responsibilities under applicable laws and District policies.