

## Silen's LGBTQ+ Media Recommendations

- For youth under age 12:
  - [Flamingo Rampant Press](#): a micropress that publishes #OwnVoices, culturally-diverse books celebrating LGBTQ kids, families, and communities.
  - [Brightly's LGBTQ+ Kid Book List](#)
- For teens:

(mostly written by transgender/nonbinary authors, probably good for a 13+ audience)

  - ***You and Your Gender Identity: A Guide to Discovery* by Dara Hoffman-Fox**: a gender workbook developed by a queer gender therapist, who also has resources on [their website](#).
  - ***When the Moon Was Ours* by Anna-Marie McLemore**: YA fiction, beautiful, poetic, reads like folklore. Main characters are ~14 & BIPOC
  - ***Pet* by Akwaeke Emezi**: Takes place in a utopic future, the main character is a Black trans girl but her gender isn't a huge part of the story.
  - ***Felix Ever After* by Kacen Callender**: romance + identity formation, main character is Black and trans-masc.
  - ***Stay Gold* by Tobly McSmith**: romance + identity, main character is a trans man.
  - ***I Wish You All the Best* by Mason Deaver**: main character is nonbinary & struggles with anxiety.
- For adults:
  - ***The Urgent Need for Compassion*, an interview with Alok Vaid Menon** (any of Alok's [writing/blog/speaking/instagram](#) is excellent): nonbinary author, performer, speaker. Could also be a recommendation for teens.
  - ***Pose***: TV show from FX (currently on Netflix) that tells the story of 1980s New York Black & Latinx LGBTQ+ community, and particularly the origins of modern day drag culture. Lots of trans people were writers & producers for this show (including Janet Mock) and the trans characters are played by trans actors.
  - ***The Prettiest Star*** by Carter Sickels, historical fiction about AIDS. Very sad, very moving, and gives a good context of what it was like to be gay in the 80s.
  - ***Disclosure***: Netflix documentary about trans representation in the media. Could be appropriate for teens too, but it can be a bit difficult/triggering to watch as a trans person (and important to watch, just make sure you're in a safe place if you're trans).
  - ***The Death and Life of Marsha P. Johnson***: Netflix documentary about a trans liberation activist who was at the Stonewall riots. Gives a good overview of some of the history of LGBTQ+ movement from the 60s onward.

- [\*\*\*How to Be a Girl\*\*\*](#) podcast: a mother of a 13-year old trans girl tells their story. Super cute, short episodes. [The Medical Stuff](#) episode was particularly helpful in learning & talking about medical transition for youth.
- ***This is How it Always Is*** by **Laurie Frankel**: adult novel from the perspective of the parents of a trans youth and their process.