

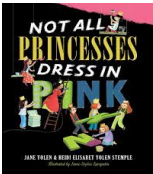
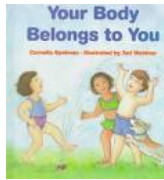


SK Human Growth and Development

Lesson and Big Ideas	Outcomes	Resources
Lesson 1 Consent and Healthy Relationships Interpersonal Violence	<ul style="list-style-type: none"> Discuss your family structure (e.g. find similarities) (CHR.2.CC.4) Identify different kinds of family structures (HR.2.CC.1) 	<ul style="list-style-type: none"> 3Rs Lesson: Many Kinds of Families  <p><i>We Are Family</i> by Patricia Hegarty 2017</p>
Lesson 2 Gender Identity & Expression	<ul style="list-style-type: none"> Understand gender role stereotypes and define gender (GI.2.CC.1) Explain that gender doesn't limit opportunities. (eg. employment, sports, read certain books) (GI.2.CC.2) 	<ul style="list-style-type: none"> 3Rs Lesson: Gender Roles  <p><i>Sparkle Boy</i> by Leslea Newman 2017</p> <ul style="list-style-type: none"> Read aloud (during or end of lesson)  <p><i>Not all Princesses Dress in Pink</i> by Jane Yolen & Heidi E. Y. Stemple</p>
Lesson 3	<ul style="list-style-type: none"> Identify the medically accurate names of external body parts including the genitals. 	<ul style="list-style-type: none"> 3Rs Lesson: Understanding Our Bodies <ul style="list-style-type: none"> Our Bodies Powerpoint

Anatomy and Physiology	Identify those parts covered by a swimsuit are private (AP.2.CC.1)	
Lesson 4 Consent and Healthy Relationships & Interpersonal Violence	<ul style="list-style-type: none"> Identify situations that may be uncomfortable or dangerous (e.g., bullying, teasing) (IV.2.AI.1) Explain that all people, including children, have the right to tell others not to touch their body when they do not want to be touched (CHR.2.CC.2) Understand that it is okay to say "no" and the receiving student needs to stop the behavior. Be able to define the word consent (CHR.2.CC.3) Demonstrate ways to start a conversation when seeking help from a trusted adult about an uncomfortable or dangerous situation (e.g., bullying, teasing)* IV.2.DM.1 	<ul style="list-style-type: none"> 3Rs Lesson: My Space Your Space
Lesson 5 (1 or 2 days) Consent and Healthy Relationships & Interpersonal Violence	<ul style="list-style-type: none"> Understand the difference between a safe/unsafe touch comfortable/uncomfortable) touch (CHR.2.CC.2) Identify situations that may be uncomfortable or dangerous (e.g., bullying, teasing, child sexual abuse) (IV.2.AI.1) Understand that there are different types of abuse (ex: verbal, physical) (IV.2.CC.1) 	<ul style="list-style-type: none"> Pebble Go>Health: <ul style="list-style-type: none"> Emotional Abuse, Physical Abuse, Verbal Abuse Read aloud <div>  <p><i>Your Body Belongs to You</i> by Cornelia Spelman</p> </div>

	<ul style="list-style-type: none">• Define sexual abuse and identify behaviors that would be considered child sexual abuse (CHR.2.CC.2)• Demonstrate ways to start a conversation when seeking help from a trusted adult about an uncomfortable or dangerous situation (e.g., bullying, teasing, child sexual abuse)(IV.2.DM.1)• Identify trusted adults, including parents and caregivers, that students can talk to in an uncomfortable situation (CHR.5.AI.1)	
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