

8th Grade Human Growth and Development

Lesson and Big Ideas	Outcomes	Resources
Lesson 1 Creating A Safe School - Celebrating All Gender Identity and Expression Sexual Orientation and Identity	<ul style="list-style-type: none"> Define sexual identity and explain a range of identities related to sexual orientation (e.g., heterosexual, bisexual, lesbian, gay, queer, twospirit, asexual, pansexual) (SO.8.CC.2) Analyze how peers, media, family, society, culture, and a person's intersecting identities can influence attitudes, beliefs, and expectations about sexual orientation (SO.8.INF.1) Access credible sources of information about sexual orientation (SO.8.AI.1) Demonstrate ways to communicate respectfully with and about people of all sexual orientations (SO.8.IC.1) 	<ul style="list-style-type: none"> Lesson Plan
Lesson 2 The World Around Me Consent and Healthy Relationships Sexual Health	<ul style="list-style-type: none"> Analyze how friends, family, media, society and culture can influence self-concept and body image. (PD.8.INF.1) Examine how alcohol and other substances, friends, family, media, society and culture influence decisions about engaging in sexual behavior. (PR.8.INF.1) Analyze the impact of alcohol and other drugs on safer sexual decision-making and sexual behaviors. (SH.8.INF.1) 	<ul style="list-style-type: none"> Lesson Plan
Lesson 3 Healthy or Unhealthy Relationships? Consent and Healthy Relationships Interpersonal Violence	<ul style="list-style-type: none"> Analyze the characteristics of a healthy and unhealthy relationship (CHR.8.CC1) Analyze the similarities and differences between friendships and romantic relationships (CHR.8.CC.3) Analyze how peers, family, media, society, culture, and a person's intersecting identities can influence attitudes, beliefs, 	<ul style="list-style-type: none"> Lesson Plan

	<p>and expectations about relationships (CHR.8.INF.1)</p> <ul style="list-style-type: none"> Describe strategies a student might use to end an unhealthy relationship, including involving a trusted adult who can help* (CHR.8.SM.1) Describe how power differences, such as age, gender, socioeconomic status, immigration status, race, or unequal position (e.g. student/teacher, supervisor/employee) may impact relationships CHR.8.CC.2 	
Lesson 4 Choose Your Words Carefully Consent and Healthy Relationships	<ul style="list-style-type: none"> Demonstrate communication skills that will support healthy relationships (CHR.8.IC.1) Demonstrate strategies to communicate personal boundaries and how to show respect for the boundaries of others (CHR.8.IC.2) 	<ul style="list-style-type: none"> Lesson Plan
Lesson 5 We Need to Talk Consent and Healthy Relationships Sexual Health	<ul style="list-style-type: none"> Analyze the definition of consent and sexual agency (CHR.8.CC.4) Describe the state and federal laws related to age of consent, minors' ability to consent to health care, confidentiality in a healthcare setting, child pornography, sexting, safe haven, and sex trafficking (SH.8.INF.2) Demonstrate ways to communicate decisions about whether or when to engage in sexual behaviors and how to reduce or eliminate risk for pregnancy and/or STIs (including HIV)* (SH.8.IC.1) Identify factors that are important in deciding whether and when to engage in sexual behaviors (SH.8.DM.1) 	<ul style="list-style-type: none"> Pre-Law Vocab PowerPoint Lesson Plan
Lesson 6 Talking Without Speaking - The Role of	<ul style="list-style-type: none"> Analyze the impact of technology (e.g., use of smartphones, GPS tracking) and social media on relationships (e.g., 	<ul style="list-style-type: none"> Lesson Plan

Texting in Relationships	consent, communication) (CHR.8.INF.2)	
Lesson 7 Warning Signs - Understanding Sexual Abuse and Assault Consent and Healthy Relationships Interpersonal Violence	<ul style="list-style-type: none"> Define interpersonal and sexual violence (e.g., sexual harassment, sexual assault, incest, rape, domestic violence, coercion, and dating violence) and describe their impacts on sexual health* (IV.8.CC.1) Explain why a person who has been sexually harassed, abused, or assaulted, or has been a victim of incest, rape, domestic violence, or dating violence is never to blame for the actions of the perpetrator* (IV.8.CC.2) Define sex trafficking, sexual exploitation, and genderbased violence* (IV.8.CC.3) Describe strategies that sex traffickers/ exploiters employ to recruit youth (IV.8.INF.1) Identify community resources and/ or other sources of support, such as trusted adults, including parents and caregivers, that students can go to if they are or someone they know is being sexually harassed, abused, assaulted, exploited, or trafficked (IV.8.AI.1) Describe strategies a person could use, when it is safe to do so, to intervene when someone is being sexually harassed or someone they know is perpetuating unhealthy or coercive behaviors (IV.8.SM.1) 	<ul style="list-style-type: none"> Lesson Plan
Lesson 8 Birth Control Basics & Using Condoms Effectively Sexual Health	<ul style="list-style-type: none"> Justify abstinence as the safest, most effective method of protection from disease and pregnancy (PR.12.CC.1) Define vaginal, oral, anal sex and other forms of sexual activity (masturbation) (SH.8.CC.1) Explain there are many methods of short- 	<ul style="list-style-type: none"> Lesson Plan Lesson Plan

	<p>and long-term contraception that are safe and effective and describe how to access them (SH.8.CC.2)</p> <ul style="list-style-type: none"> List at least four methods of contraception that are available without a prescription (e.g., abstinence, condoms, emergency contraception, withdrawal) (SH.8.CC.3) Compare and contrast behaviors, including abstinence, to determine the potential risk of pregnancy and/ or STI (including HIV) transmission (SH.8.CC.7) Describe the steps to using barrier methods correctly (e.g., external and internal condoms, dental dams) (SH.8.SM.1) 	
<p>Lesson 10</p> <p>STI Basics - Reducing Your Risks</p> <p>Sexual Health</p>	<ul style="list-style-type: none"> Explain STIs (including HIV), how common STIs are, and how they are and are not transmitted (SH.8.CC.5) Describe the signs, symptoms, or lack thereof, and potential impacts of STIs (including HIV) (SH.8.CC.6) Compare and contrast behaviors, including abstinence, to determine the potential risk of pregnancy and/ or STI (including HIV) transmission (SH.8.CC.7) Discuss current biomedical approaches to prevent STIs (e.g., hepatitis B vaccine, HPV vaccine) and HIV (e.g., PrEP, PEP) (SH.8.CC.8) Explain medical breakthroughs in HIV prevention and treatment and why HIV can now be considered a chronic condition (SH.8.CC.9) Describe the state and federal laws related to minors' access to sexual healthcare services, including pregnancy and STI/HIV prevention, testing, care, and 	<ul style="list-style-type: none"> Lesson Plan PrEP Video

	<p>treatment (SH.8.CC.10)</p> <ul style="list-style-type: none"> Identify medically accurate sources of information about STIs, including HIV, such as local STI/ HIV prevention, testing, and treatment resources (SH.8.AI.1) Develop a plan to eliminate or reduce risk of unintended pregnancy and STIs (including HIV) (SH.8.GS.1) 	
<p>Lesson 11</p> <p>Great Expectations - Signs and Symptoms of Pregnancy And Pregnancy Basics</p> <p>Sexual Health</p> <p>Anatomy & Physiology</p>	<ul style="list-style-type: none"> Define prenatal care and identify medically accurate sources of information about prenatal care (SH.8.AI.2) Describe pregnancy testing, the signs of pregnancy, and pregnancy options, including parenting, abortion, and adoption (SH.8.CC.4) Explain human reproductive systems, including the external and internal body parts and their functions, and that there are naturally occurring variations in human bodies (e.g., intersex, vulvas, circumcised and intact penises) (AP.8.CC.1) 	<ul style="list-style-type: none"> Review Reproduction Basics (slideshow only) from 7th Grade Lesson Plan Amaze So You Think You're Pregnant Video