





SAFER SCHOOLS AND CAMPUSES BEST PRACTICES CLEARINGHOUSE

- Lessons from the Field -

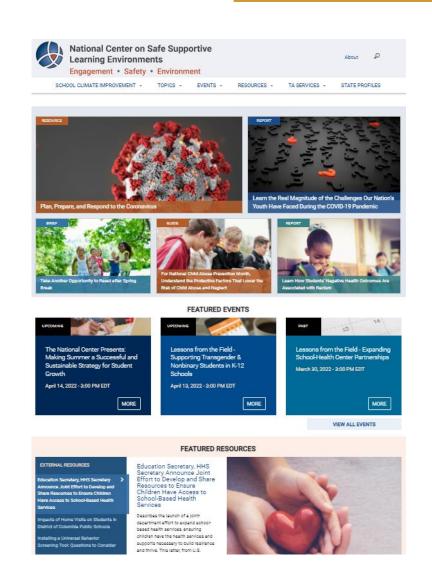
Supporting Transgender & Nonbinary Students in K-12 Schools

APRIL 13, 2022 3:00-4:15 PM ET



NCSSLE Website

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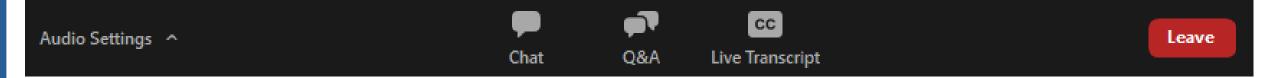


To access information and archived materials from previous Lessons from the Field webinars, go to:
https://safesupportivelearning.ed.gov/lessons-field-webinar-series



Logistics

Zoom Control Panel



Technical Issues

For assistance during the webinar, please contact Shoshana Rabinovsky at srabinovsky@air.org.

This webinar is being recorded and will be archived at the following location:

https://safesupportivelearning.ed.gov/events/webinar/lessons-field-supporting-transgendernonbinary-students-k-12-schools

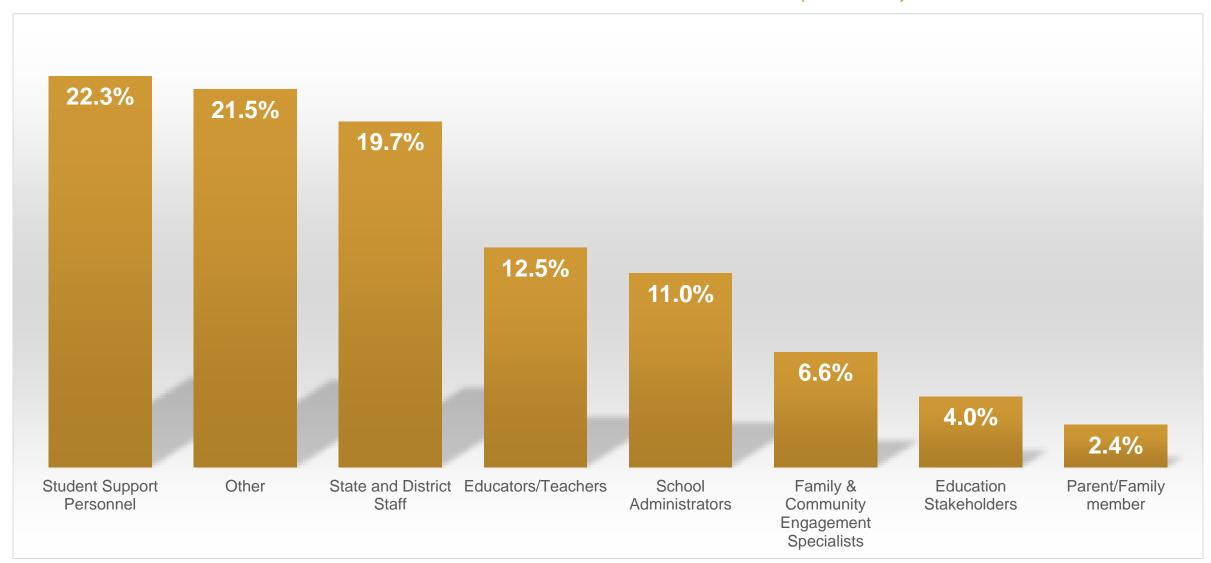


The content of this presentation does not necessarily represent the policy or views of the U.S. Department of Education, nor does it imply endorsement by the U.S. Department of Education.



Registration Polling Question Results

WHAT BEST DESCRIBES YOUR ROLE? (N=3354)





Agenda

- 1) Introduction and Logistics
- U.S. Department of Education Welcome: Christian Rhodes
- 3) CDC/HHS Support of Transgender & Nonbinary Students: Dr. Catherine Rasberry
- 4) Round Table 1: Melanie Willingham-Jaggers, Sam Long, Rae Garrison, Rebekah (student)
- 5) Round Table 2: Sam Ames, Laura Ross, Amy Cannava
- 6 Questions and Answers
- 7) Closing Remarks



Speakers

Sam Ames (they/he)

Director, Advocacy and Government Affairs, Trevor Project

Amy Cannava (she/her)

High School Psychologist, Arlington County Schools (VA)

Rae Garrison (she/her)

Principal, West Jordan Middle School (UT)

Sam Long (he/him)

High School Science Teacher, Denver South High School (CO) Dr. Catherine Rasberry (she/her)

Acting Chief, Research Application and Evaluation Branch, Division of Adolescent and School Health, CDC

Rebekah (she/her)

Student

Christian Rhodes (he/him)

Senior Advisor, Office of the Secretary, U.S. Department of Education

Laura Ross (she/her)

Middle School Counselor, Forks Middle School (GA)

Melanie Willingham-Jaggers (she/they)

Executive Director, GLSEN

Bios for the speakers are archived at the following location:

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SAFER SCHOOLS AND CAMPUSES BEST PRACTICES CLEARINGHOUSE

Today's Moderator

CHRISTIAN RHODES, SENIOR ADVISOR
OFFICE OF THE SECRETARY
U.S. DEPARTMENT OF EDUCATION



National Center for HIV, Viral Hepatitis, STD, and TB Prevention

Creating Safe and Supportive Environments for Transgender and Nonbinary Youth

Catherine Rasberry, PhD (she, her, hers) Division of Adolescent and School Health April 13, 2022



Transgender Youth Need Safe and Supportive Schools



TRANSGENDER STUDENTS IN SCHOOL

ALMOST 2% OF HIGH SCHOOL STUDENTS IDENTIFY AS TRANSGENDER



TRANSGENDER STUDENTS FACE HEALTH RISKS



27% FEEL UNSAFE AT OR GOING TO OR FROM SCHOOL



35% ARE BULLIED AT SCHOOL



35% ATTEMPT SUICIDE

SAFE AND SUPPORTIVE SCHOOLS CAN HELP!

- CREATE AND ENFORCE ANTI-BULLYING POLICIES
- IDENTIFY AND TRAIN SUPPORTIVE SCHOOL STAFF



Data from 2017 Youth Risk Behavior Survey of U.S. high school students in 10 states and 9 farge urban school districts (N=131,901 students) as published in Johns, et al. MMWR 2019 (bit.ly/CDCVA21) crassve

WWW.CDC.GOV

Fostering Inclusive School Environments



Chicago Public Schools

Created gender-affirming guidelines, resources, and professional development for all 40,000 staff to build safe and supportive environments for transgender, non-binary, and gender non-conforming students.



Affirming the Experiences of LGBTQ+ Youth



Seattle Public Schools

Increasing the inclusivity of schools by developing a book that highlights the stories of LGBTQ+ students, families, and staff, disseminating it throughout the district, and incorporating it into staff training, classroom education, and family engagement.

OUR STUDENTS, THEIR STORIES

Celebrating LGBTQ+ Students, Families, and Staff



A PROJECT OF SEATTLE PUBLIC SCHOOLS

Creating Safe Spaces, Empowering Students



Albuquerque Public Schools

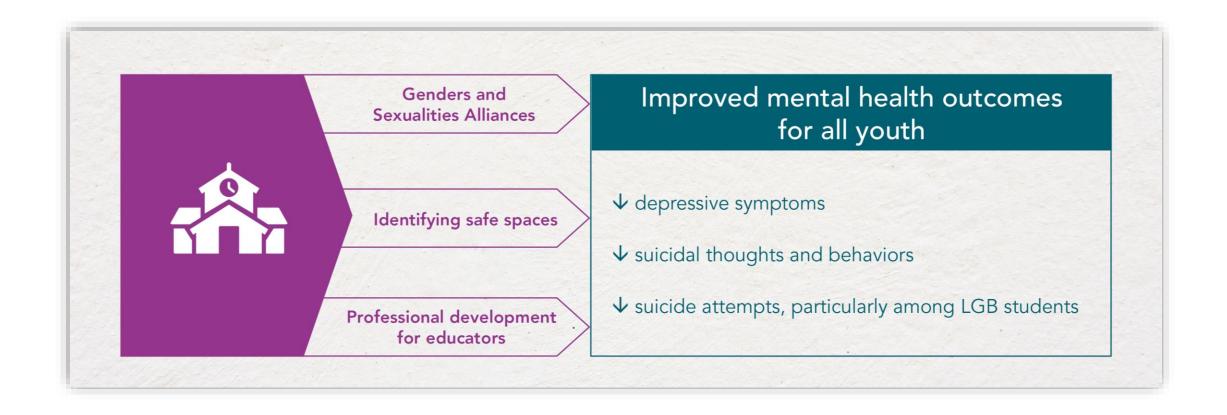
Through "The Pronouns Project," students led districtwide change giving students the ability to use preferred names in school information systems. Students also championed a resolution to support transgender youth in the district.

"We believe that it is essential to normalize using pronouns and sharing current names in order to create a more affirming place for LGBTQ+ students, especially transgender students."

- GSA Members

LGBTQ-Supportive School Policies and Practices Protect All Youth





For More Information



- Web: www.cdc.gov/healthyyouth
- Twitter: @CDC_DASH
- E-mail: nccddashinfo@cdc.gov
- Telephone: 1-800-CDC-INFO (1-800-232-4636)

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.



Supporting Transgender & Nonbinary Students in K-12 Schools

Melanie Willingham-Jaggers (they/she)

Executive Director

April 13, 2022



Terminology

GENDER IDENTITY: A person's deeply held knowledge of their own gender, which can include being a man, woman, nonbinary, or another gender. One's gender identity may or may not align with society's expectations of the sex an individual is assigned at birth.

GENDER EXPRESSION: Expression of gender, whether through hair styles, makeup, or personal fashion. Changes over the course of a person's lifetime.

GENDER NONCONFORMING (GNC): A term used to describe people whose gender expression differs from social expectations, such as "feminine boys," "masculine girls," and people who are perceived as androgynous in some way.



Terminology

TRANSGENDER (TRANS): An adjective describing a person whose gender identity differs from the sex they were assigned at birth. A trans woman is a woman whose sex was assigned male when she was born. A trans man is a man whose sex was assigned female when he was born. Some transgender people are not male or female and use terms like "nonbinary" to describe their gender identity.

NONBINARY: A term used to refer to people whose gender identity is not exclusively male or female, including those who identify with a different gender, a combination of genders, or no gender.

CISGENDER (CIS): An adjective describing a person whose gender identity corresponds with the sex they were assigned at birth. For example, a cisgender woman was assigned female at birth and identifies as a woman.



Trans & Nonbinary Students: Demographic Snapshot

In GLSEN's <u>National School Climate Survey</u> of LGBTQ+ secondary students, transgender students—including trans nonbinary students—comprised:

- 28% of all students surveyed
- 29% of Indigenous LGBTQ+ students
- 25% of Black LGBTQ+ students
- 23% of Latinx LGBTQ+ students
- 22% of Asian American of Pacific Islander LGBTQ+ students



Experiences with Victimization in K-12 Schools

Harassment or bullying based on gender identity

 83% of transgender secondary school students, including trans nonbinary students, and 69% of all other nonbinary students

Discrimination at school

 77% of transgender secondary school students, including trans nonbinary students, and 69% of all other nonbinary students

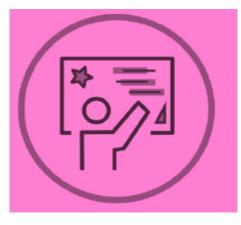


Four Core Supports

GLSEN's research has surfaced four supports that promote transgender and nonbinary student's ability to thrive and reach their full potential:



Supportive School Clubs (GSAs)



Supportive School Personnel



Inclusive Curricular Resources



Comprehensive policies that prohibit victimization



Figure 2. Transgender and Nonbinary Students With Higher Levels of School Belonging by Presence of Supportive Resources

(Percentage reporting above average levels of school belonging)

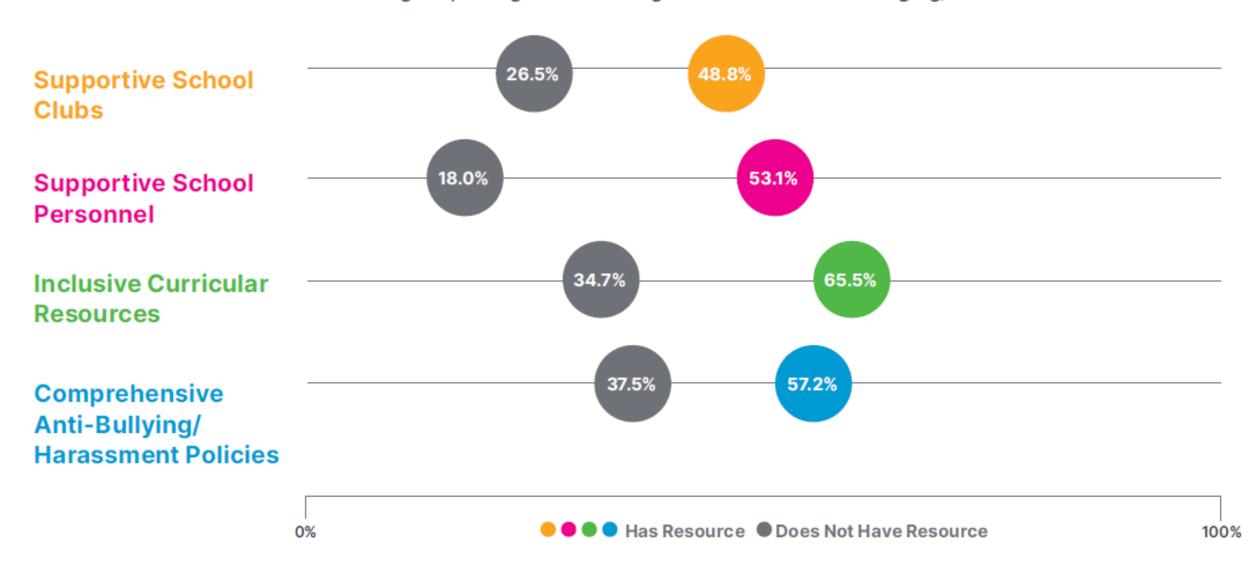
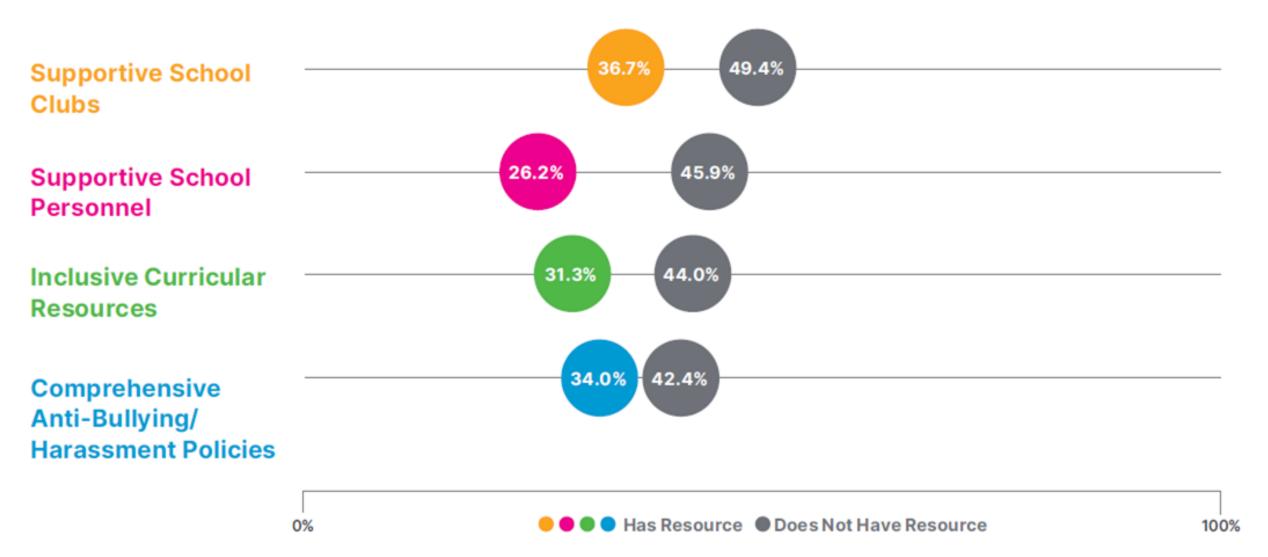




Figure 5. Transgender and Nonbinary Students Who Missed School Due to Feeling Unsafe by Presence of Supportive Resources

(Percentage reporting any missed days of school)





Resources

- <u>Improving School Climate for Transgender and Nonbinary Youth</u> (GLSEN Research Institute)
- National School Climate Survey (GLSEN Research Institute)
- <u>Model Local Education Agency Policy on Transgender and Nonbinary Students</u> (GLSEN with the National Center for Transgender Equality)
- Nondiscrimination Protections and Inclusion of LGBTQ+ Students in K-12 Learning
 Communities: Recommendations for State Education Agencies (GLSEN)

For more information about GLSEN's recommendations for supporting transgender and nonbinary students in K-12 schools: policy@glsen.org









SAFER SCHOOLS AND CAMPUSES BEST PRACTICES CLEARINGHOUSE

ROUND TABLE 1

RAE GARRISON SAM LONG REBEKAH







SAFER SCHOOLS AND CAMPUSES BEST PRACTICES CLEARINGHOUSE

ROUND TABLE 2

SAM AMES AMY CANNAVA LAURA ROSS







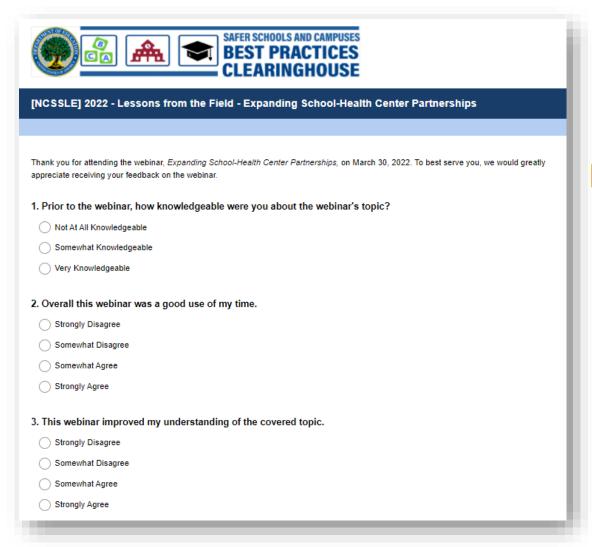
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Q and A DISCUSSION

SAM AMES
AMY CANNAVA
RAE GARRISON
SAM LONG
REBEKAH
LAURA ROSS
MELANIE WILLINGHAM-JAGGERS



Feedback Form



HTTPS://WWW.SURVEYMONKEY.COM/ R/LFTF_SESSION22



Thank You!

Should you have any questions, please contact us at NCSSLE@air.org or 800-258-8413. We are happy to help!

NCSSLE Website

https://safesupportivelearning.ed.gov

Best Practices Clearinghouse

https://bestpracticesclearinghouse.ed.gov/

Next Lessons from the Field Webinar: May 2022