## LEARNING GOALS

- Describe the difference between "liking" and "loving"
- Define "sexual orientation" and its most common categories
- Demonstrate that they have a trusted adult with whom they can speak about sexual orientation, among other sexuality-related topics
- Differentiate between sexual orientation and gender identity

## LEARNING GOALS

- List at least three non-sexual activities people can do to show others they like or love them.
- Describe the three types of sexual intercourse, including whether/how they are related to human reproduction.
- Define "abstinence" and its connection to pregnancy and STD prevention.

# (REMEMBER: IT'S OK TO FEEL AWKWARD)

...IT'S ALSO OK TO ASK QUESTIONS!

# ON YOUR BLUE STICKY NOTE, LIST 5 THINGS YOU LIKE & ON YOUR YELLOW STICKY NOTE, LIST 5 THINGS YOU LOVE {NOT PEOPLE}

...just use two (2) sticky notes!

# THINGS WE LIKE...

# THINGS WE LOVE...

- Spinning, cats, chic-fil-a, tv shows, shopping, starbucks, my house, travel, plants, star wars, harry potter, chairs, donald duck, reading, drawing, stranger things, sushi, boba tea, pad thai, sleeping in
- Disney world, lily the doll, money, padme, video games, cvs, raw onions, food, plants, my phone, my bed, sleeping, music, target, my cat, my dog

- WHAT DO YOU NOTICE ABOUT OUR LISTS?
- WAS IT EASIER TO MAKE THE "LIKE" LIST OR THE "LOVE" LIST?

# ON YOUR PINK STICKY NOTE, LIST 5 PEOPLE YOU LIKE & ON YOUR GREEN STICKY NOTE, LIST 5 PEOPLE YOU LOVE {NOT THINGS}

...use the other sticky note ;)

## PEOPLE WE LIKE...

# PEOPLE WE LOVE...

- Best friends, friends, brother, artists, celebrities, significant others, Jesus, cats, our pets, baseball coach,
- Music artists, family, Danny Devito, Sammy, Friends, BFFs, Mom & Dad, Siblings, celebrities, Aunt, pets, Lovers (Nico's Lover: Willie), Beetlejuice,

- SO, WHAT'S THE DIFFERENCE?
- HOW DO YOU KNOW WHETHER YOU LIKE
   SOMEONE AND WHEN YOU LOVE THEM?

# ROMANTIC RELATIONSHIPS

As we get older, our feelings start to change. We may experience a type of romantic love that we don't have when we're younger.

What makes these types of relationships different from friendship or your relationships with your family members?

#### EXPRESSING OURSELVES

...and discovering who we love

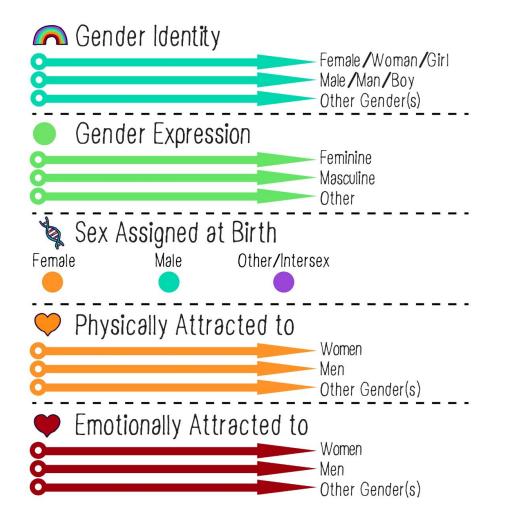
#### **Gender Identity**

personal conception of oneself as male, female, both, or neither

٧S.

#### Sexual Orientation

a person's identity in relation to the gender(s)
 (or lack of) to which they are sexually, or romantically, attracted





### GENDER IDENTITY

Our gender has to do with being masculine, feminie, a combination of the two, or neither.

Our gender identity is our inner knowledge of what our gender is.

It can be connected to sexual orientation, but it's not the same thing.

#### A Few Examples (not all):

cisgender - a person whose gender identity
matches the gender they were assigned at
birth

transgender - a person whose gender
identity differs from the sex they were
assigned at birth

non-binary - a person whose gender identity
is not exclusively male or female

genderqueer - person who does not subscribe
to conventional gender distinctions but

identifies with neither, both, or a combination of male and female genders

# WHATIS SEXUAL ORIENTATION? 020

### SEXUAL ORIENTATION

A person's identity in relation to the gender(s) to which they are attracted.

Even though the phrase has the word 'sexual' in it, people may have strong feelings of love before feelings of sexual attraction or before acting on those feelings. You don't need to have done anything sexual with someone to know your sexual orientation.

#### A Few Examples (not all):

heterosexual (or straight) - a person
attracted to the opposite gender

gay/lesbian - a person attracted to the same gender

bi-sexual - a person attracted to both male
& female genders

pansexual - a person attracted to all
genders

asexual - a person who has little or no sexual attraction to others

aromantic - a person who has little or no romantic attraction to others

# PUBERTY —> HORMONES —> INTENSE EMOTIONS/FEELINGS —> MAYBE LOVE?

{IT'S OK TO NOT KNOW ALL THE ANSWERS RIGHT NOW}

# AFFECTION IS OUR FEELINGS OF LIKE AND LOVE FOR OTHERS.

## WHO ARE PEOPLE WE MIGHT FEEL AFFECTION FOR?

...think about our conversation on "Understanding Love" & what it means to like or love someone.

### AFFECTION

our feelings of liking and love for others

# What is a way to show affection?

One way to show each other affection is to take time to have meals together as a family.

# WHAT ARE SOME WAYS THAT YOU SHOW AFFECTION?

Think of why we do these things for people and how it shows them that we care about them

(student responses here)

# HOW DO WE SHOW AFFECTION IN RELATIONSHIPS?

## SEXUAL INTERCOURSE

A way of showing love and affection that is more appropriate when you are older

#### Examples of sexual intercourse include:

 Oral Sex - contact between one person's mouth and another person's genitals

Anal Sex - when a person's penis goes inside a person's anus

Vaginal sex - when a person's penis goes inside a person's vagina.

# WHAT CAN SEXUAL INTERCOURSE CAUSE?

Think of the responsibilities and effects that are linked to sexual intercourse.

Only vaginal intercourse can cause pregnancy to occur.

Anal, oral, AND,
 vaginal intercourse can cause Sexually
 Transmitted Diseases
 (STDs) to occur.

 The only way to prevent STDs and pregnancy 100% is abstinence.

# DOES PRACTICING ABSTINENCE MEAN THAT WE CAN'T SHOW AFFECTION?