

# LEARNING GOALS

- Describe the difference between “liking” and “loving”
  - Define “sexual orientation” and its most common categories
  - Demonstrate that they have a trusted adult with whom they can speak about sexual orientation, among other sexuality-related topics
  - Differentiate between sexual orientation and gender identity
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# LEARNING GOALS

- List at least three non-sexual activities people can do to show others they like or love them.
  - Describe the three types of sexual intercourse, including whether/how they are related to human reproduction.
  - Define “abstinence” and its connection to pregnancy and STD prevention.
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(REMEMBER:  
IT'S OK TO FEEL  
AWKWARD)

...IT'S ALSO OK TO ASK QUESTIONS!

ON YOUR **BLUE** STICKY NOTE, LIST 5 THINGS YOU LIKE &  
ON YOUR **YELLOW** STICKY NOTE, LIST 5 THINGS YOU LOVE  
{NOT PEOPLE}

**...just use two (2) sticky notes!**

# THINGS WE LIKE...

- Spinning, cats, chic-fil-a, tv shows, shopping, starbucks, my house, travel, plants, star wars, harry potter, chairs, donald duck, reading, drawing, stranger things, sushi, boba tea, pad thai, sleeping in

# THINGS WE LOVE...

- Disney world, lily the doll, money, padme, video games, cvs, raw onions, food, plants, my phone, my bed, sleeping, music, target, my cat, my dog

- WHAT DO YOU NOTICE ABOUT OUR LISTS?
- WAS IT EASIER TO MAKE THE "LIKE" LIST OR THE "LOVE" LIST?

ON YOUR PINK STICKY NOTE, LIST 5 PEOPLE YOU LIKE &  
ON YOUR GREEN STICKY NOTE, LIST 5 PEOPLE YOU LOVE  
{NOT THINGS}

...use the other sticky note ;)

# PEOPLE WE LIKE...

- Best friends, friends, brother, artists, celebrities, significant others, Jesus, cats, our pets, baseball coach,

# PEOPLE WE LOVE...

- Music artists, family, Danny Devito, Sammy, Friends, BFFs, Mom & Dad, Siblings, celebrities, Aunt, pets, Lovers (Nico's Lover: Willie), Beetlejuice,



- SO, WHAT'S THE DIFFERENCE?
- HOW DO YOU KNOW WHETHER YOU LIKE SOMEONE AND WHEN YOU LOVE THEM?

# ROMANTIC RELATIONSHIPS

As we get older, our feelings start to change. We may experience a type of romantic love that we don't have when we're younger.

What makes these types of relationships different from friendship or your relationships with your family members?

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# EXPRESSING OURSELVES

...and discovering who we  
love

## Gender Identity

- personal conception of oneself as male, female, both, or neither

vs.

## Sexual Orientation

- a person's identity in relation to the gender(s) (or lack of) to which they are sexually, or romantically, attracted
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## Gender Identity



## Gender Expression



## Sex Assigned at Birth



## Physically Attracted to



## Emotionally Attracted to



RANGE OF  
GENDER

IDENTITIES



MALE?  
FEMALE?  
BOTH?  
NEITHER?

amaze

# GENDER IDENTITY

Our gender has to do with being masculine, feminine, a combination of the two, or neither.

Our gender identity is our inner knowledge of what our gender is.

It can be connected to sexual orientation, but it's not the same thing.



## A Few Examples (not all):

**cisgender** – a person whose gender identity matches the gender they were assigned at birth

**transgender** – a person whose gender identity differs from the sex they were assigned at birth

**non-binary** – a person whose gender identity is not exclusively male or female

**genderqueer** – person who does not subscribe to conventional gender distinctions but identifies with neither, both, or a combination of male and female genders

WHAT IS  
SEXUAL ORIENTATION?

LGBTQ+



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# SEXUAL ORIENTATION

A person's identity in relation to the gender(s) to which they are attracted.

Even though the phrase has the word 'sexual' in it, people may have strong feelings of love before feelings of sexual attraction or before acting on those feelings. You don't need to have done anything sexual with someone to know your sexual orientation.

## A Few Examples (not all):

**heterosexual (or straight)** – a person attracted to the opposite gender

**gay/lesbian** – a person attracted to the same gender

**bi-sexual** – a person attracted to both male & female genders

**pansexual** – a person attracted to all genders

**asexual** – a person who has little or no sexual attraction to others

**aromantic** – a person who has little or no romantic attraction to others





PUBERTY → HORMONES → INTENSE  
EMOTIONS/FEELINGS → MAYBE LOVE?

{IT'S OK TO NOT KNOW ALL THE ANSWERS RIGHT NOW}

AFFECTION IS OUR FEELINGS OF LIKE AND LOVE FOR  
OTHERS.

WHO ARE PEOPLE WE MIGHT FEEL AFFECTION FOR?

...think about our conversation on “Understanding Love” &  
what it means to like or love someone.

# AFFECTION

our feelings of liking  
and love for others

What is a way to show  
**affection?**

- One way to show each other affection is to take time to have meals together as a family.
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# WHAT ARE SOME WAYS THAT YOU SHOW AFFECTION?

Think of why we do these  
things for people and how  
it shows them that we care  
about them

- (student responses  
here)

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HOW DO WE SHOW AFFECTION IN  
RELATIONSHIPS?

When you get **older**, you may have a person you care about and **there may be different ways you will want to express your affection or love** – which may include doing something sexual together.

# SEXUAL INTERCOURSE

A way of showing love and affection that is more appropriate **when you are older**

Examples of **sexual intercourse** include:

- Oral Sex - contact between one person's mouth and another person's genitals
  - Anal Sex - when a person's penis goes inside a person's anus
  - Vaginal sex - when a person's penis goes inside a person's vagina.
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# WHAT CAN SEXUAL INTERCOURSE CAUSE?

Think of the  
responsibilities and effects  
that are linked to sexual  
intercourse.

- Only **vaginal intercourse** can cause pregnancy to occur.
  - **Anal, oral, AND, vaginal intercourse** can cause Sexually Transmitted Diseases (STDs) to occur.
  - The **only** way to prevent STDs and pregnancy 100% is **abstinence**.
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DOES PRACTICING ABSTINENCE MEAN THAT WE  
CAN'T SHOW AFFECTION?