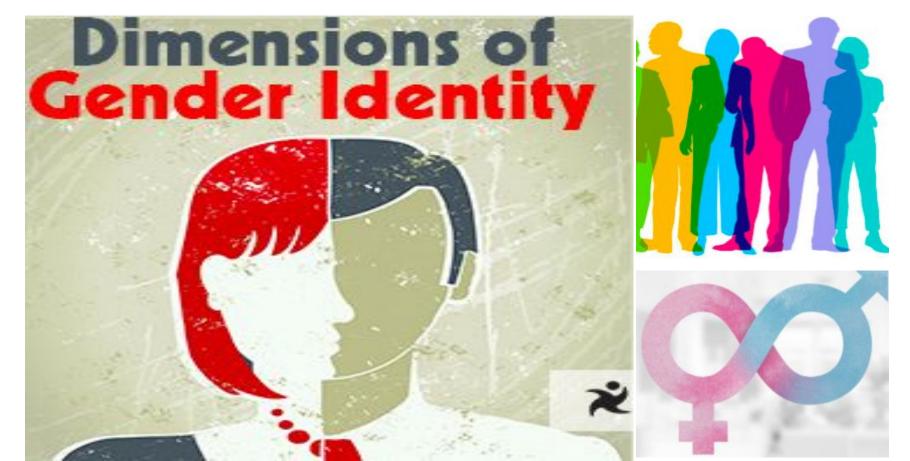
Exploring Gender Diversity



Why talk about Gender?

Many of us do not consider gender in our daily lives. Our gender is what it is. For others of us, gender is something that we think about and ponder, frequently. It is important to understand gender so that we can be caring and open to all of the ways that students identify and express themselves in our school and in the world. In the end, all people have a gender and since discussions of gender are occuring in society and among our students, it makes sense to guide the discussion.



Essential Ideas

A person's sex and gender are not always identical;

A person's "Gender Experience" is made up of

Three Dimensions and each Dimension is on a Spectrum:

- » 1. Gender Biology/Body
- » 2. Gender Expression
- » 3. Gender Identity

Your Sexual Orientation is different than your Gender. Sexual orientation refers to who you like or are attracted to which is different from who you **are** (gender).

1st Dimension of Gender: Biology/Body

In our society, our body or biology presumes our Gender when in fact there is more to our understanding of Gender than just Biology.





In the Gender Binary, there are two notions of gender

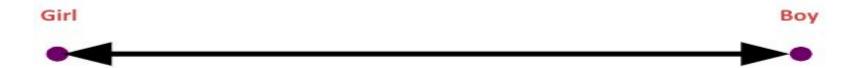
Assumption 1: There are only two sexes

Assumption 2: Your Body = Gender

There are more than two ways that bodies present themselves.

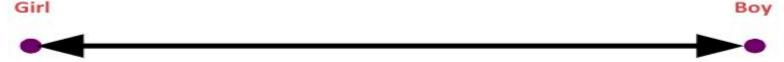
1. Gender Biology/Body

Our Bodies vary & are on a Spectrum. We are all different and unique.



2nd Dimension of Gender: Expression

Our Social Expression of Gender also varies and is on a Spectrum



- Your Personal Presentation
 - Clothing
 - Hair
 - Mannerisms
 - Accessories
- Your Style of Play
 - Expansion of gender roles & styles of play
 - Behaviors
 - Interests
 - Activities/hobbies

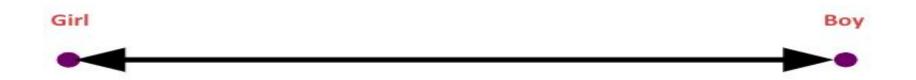
2. Expression of Gender & Congruence

Gender expression is about the things that we are drawn to, that make us feel good, and that are fun or comfortable. No one should be made to feel "less than" for the things they like or play with do or wear. There is nothing inherently "boy" or "girl" about colors, or toys, or interests, or even clothing.

Our expressions of gender are about finding congruence between who we are and how we wish to show that to the world.

3rd Dimension of Gender: Identity

Identity is Your Core Sense of Self or who you know yourself to be



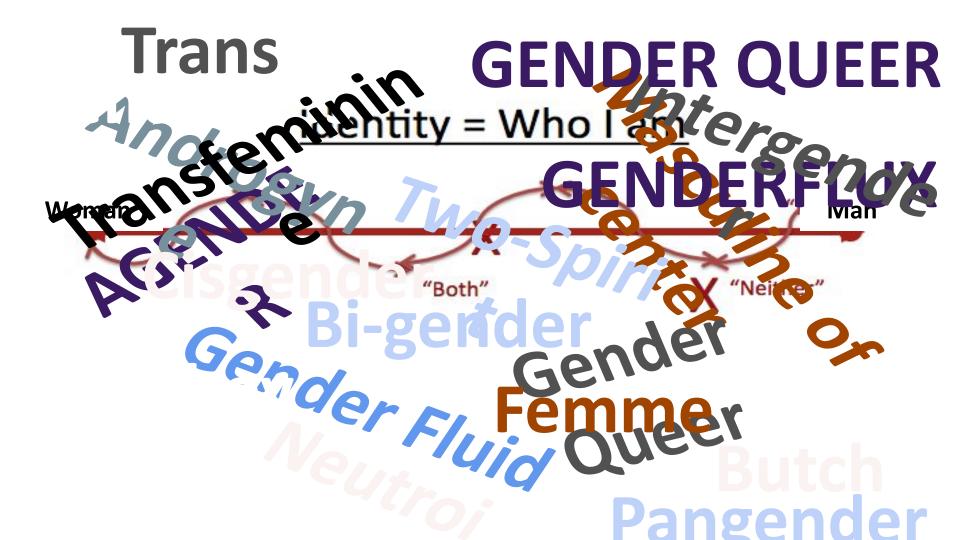
Like the other two dimensions of gender (our bodies and our expression), Identity is also a spectrum. But unlike the other two dimensions, gender identity is determined by each of us alone as individuals. Our identity is how we <u>feel</u> about our gender and it is something each of determines for ourselves.

The language of Gender Identity has expanded

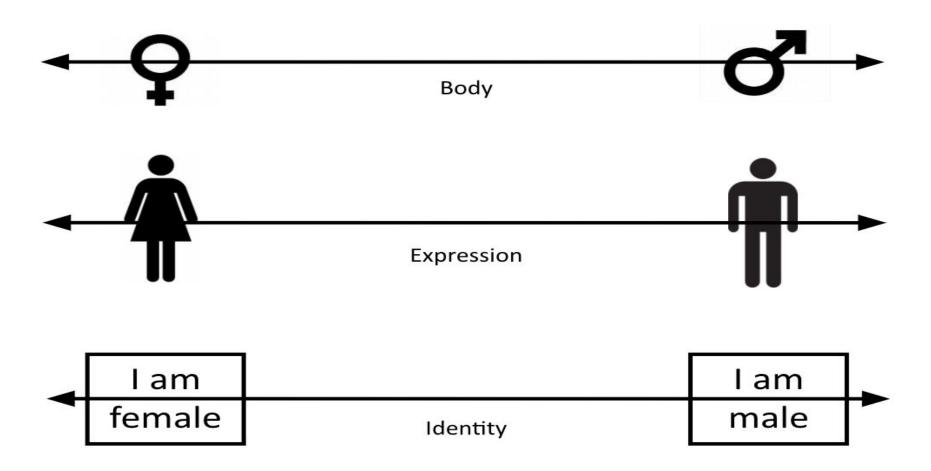
A person's gender identity can correspond to or differ from the sex they were assigned at birth. Many people feel like a boy or a girl, but some feel like both, a blend.

Others express the sense that the boy-girl labels do not work for them, that they are simply "me."

Here we see the language of gender literally exploding. Young people are operating from a completely different set of terms and concepts about the diversity of gender identities that they and their peers are asserting. This evolving language of gender is at the heart of real sea change in our society when it comes to gender...



The 3 Dimensions of Gender Viewed together



Gender Stereotypes in the Media

Despite the many roles men, women and people of other genders play in today's world, some people still judge others based on how they think males and females 'should' act.

Stereotypes are ideas about how people will act based on the group to which they belong. Due to stereotypes, many children grow up identifying certain characteristics as belonging only to boys or girls.

(Insert video about stereotypes)

Here are some examples...





Messy 96%

Insensitive 96%

> Athletic 88%

Aggressive 88%

Money-maker 85%

Math/science

Oriented

Loud

Artsv

	97%
Clean	
	96%
Submissive	96%
Neat	96%
Emotional	3

Quiet Clumsy

ALL 23 FLAVORS JUST 10 MANLY CALORIES



IT'S NOT FOR

Welcome gentlemen, to the manliest tab on Facebook. A lady-free zone of rugged, macho, hair-on-your-chest awesomeness that's definitely not for women.

The Gender Box for Men





Gender Stereotypes in Marketing of Products

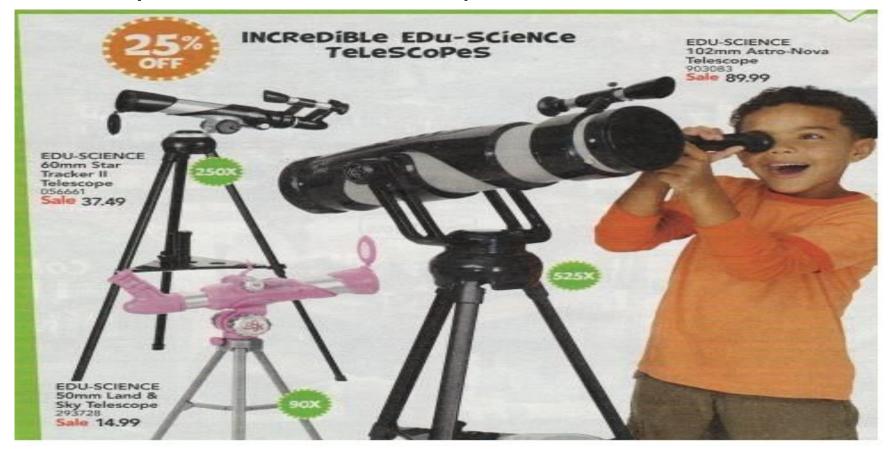
Have you ever been into a shop and wondered why the shops are divided into aisles for girls and aisles for boys?

Or have you ever thought to yourself, why are girls' products often pink and purple, and boys' products black and blue?

There's a reason shops divide their products up in that way - and it's because they want to market toys, clothes and toiletries to specific genders.

This practice is manipulative and dismisses the fact that Gender is on a Spectrum and there are more than two ways to identify your gender.

What do you notice about this picture?



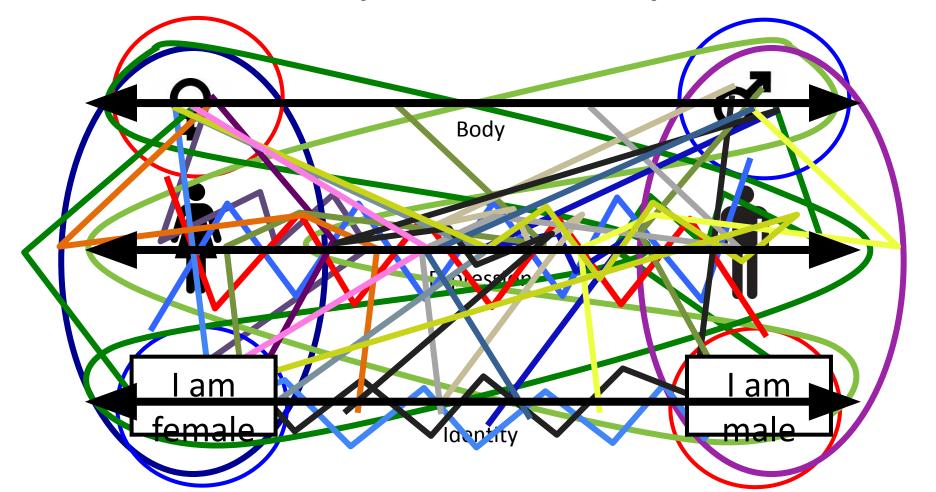








Gender: Complex, but not complicated...



Videos to sum up our lesson

Teachers: Please show these two videos to summarize our presentation.

Gender exists on a spectrum cartoon video

<u>UCB student reporter asking: How many genders are there?</u>

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