

How to Talk with Kids About Race and Equity

Understanding and Confronting Anti-Asian Bias

[Challenging Anti-Asian Bias and Acting as an Ally](#) (Anti-Defamation League)

[How to Respond to Coronavirus Racism](#) (Teaching for Justice)

[Lesson of the Day: A Rise in Attacks on Asian-Americans](#) (NYT, 3/2/2021) *

[Lesson of the Day: 'The Growing Power of Asian-Americans in Georgia Now Comes With Fear'](#) (NYT, 3/19/2021) *

[Self-Care Tips For Asian Americans Dealing With Racism Amid Coronavirus](#) (4/2/2020)

On-street Interviews - [Asian Americans on Facing Racism During COVID-19](#) (10/6/2020)*

** Disclaimer: some viewers may find images and video clips disturbing.*

Resources for Parents

[The ABC's of Racial Literacy \(Sesame Workshop\)](#)

[How One Book Helps BIPOC Parents Talk To Their Kids About Race](#)

[How to Talk About Traumatic Events and Tragedies](#)

[RESilience: Uplifting Youth Through Healthy Communication About Race](#)

[How to Talk to Kids about Race and Racism](#)

[Beyond the Golden Rule: A Parent's Guide to Preventing and Responding to Prejudice](#)

[NPR - Raising White Kids' Author on How White Parents Can Talk about Race](#)

[Your Kids Aren't Too Young To Talk About Race: Resource Roundup](#)

[How to Talk to Your Children about Protests and Racism](#)

[PBS Teaching Your Kids About Black History Month](#)

[How to Teach Kids to Talk about Taboo Topics](#)

Books

[14 Antiracist Books for Kids and Teens Recommended by BIPOC Teachers and Librarians](#) - New York Times

[2018 Ultimate List of Diverse Children's Books](#) - Hereweeread

[Coretta Scott King Book Award Winners](#) - Barnes and Noble

[31 Children's Book To Support Conversations on Race, Racism, and Resistance](#) - embracerace

[Race and Equity Resources](#) - American School Counselor Association

[Talking About Race](#) - National Museum of African American History and Culture

BIPOC Mental Health Services

[Steve Fund crisis text line for people of color: Text STEVE to 741741](#)

[Therapy for Black girls](#)

[Therapy for Black men](#)

[Black Mental Health Alliance](#)

[Latinx therapist database](#)

[Asians do therapy](#)

[National Asian American Pacific Islander Mental Health Association](#)

[Inclusive therapists](#)

[National Queer and Trans therapists of color network](#)