

Microaggressions Self Pre-Assessment

I am confident in using terminology related to microaggressions.

Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1	2	3	4	5

I am prepared to be confronted about my microaggressions and biases.

Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1	2	3	4	5

I can recognize microaggressions when they happen.

Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
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I can address microaggressions in my daily life.

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