

**Austin Independent School District
Elementary Lesson Overviews (Grades 3-5)
Human Sexuality Curriculum**



School Year 2019-20

GRADE 3

LESSON SUMMARY	NATIONAL SEXUALITY EDUCATION STANDARDS	LESSON OBJECTIVES
<p>Healthy Relationships</p> <p>Students learn how to successfully navigate changing relationships among family members and classmates.</p>	<ul style="list-style-type: none"> ● HR.5.CC.1: Describe the characteristics of healthy relationships ● HR.5.AI.1: Identify parents and other trusted adults they can talk to about relationships ● HR.5.SM.1: Demonstrate ways to treat others with dignity and respect 	<ul style="list-style-type: none"> ● Characteristics of healthy relationships, ● Identify trusted adults to talk to about relationships; ● Demonstrate how to treat others with dignity and respect.
<p>Personal Safety</p> <p>Students learn about the need for a growing awareness, creation, and maintenance of personal safety.</p>	<ul style="list-style-type: none"> ● PS.5.CC.1 Define teasing, harassment and bullying and explain why they are wrong ● PS.5.AI.1 Identify parents and other trusted adults they can tell if they are being teased, harassed or bullied ● PS.5.IC.1 Demonstrate ways to communicate about how one is being treated ● PS.5.IC.2 Demonstrate refusal skills (e.g. clear “no” statement, walk away, repeat refusal) 	<ul style="list-style-type: none"> ● Define teasing, harassment, bullying; ● Explain why teasing, harassment, and bullying are wrong; ● Identify trusted adults to talk to about teasing or bullying; ● Demonstrate communication skills; ● Demonstrate refusal skills.
<p>Identity</p> <p>Students learn several fundamental aspects of people’s understanding of who they are.</p>	<ul style="list-style-type: none"> ● ID.5.AI.1: Identify parents or other trusted adults of whom students can ask questions about sexual orientation ● ID.5.SM.1: Demonstrate ways to treat others with dignity and respect 	<ul style="list-style-type: none"> ● Identify trusted adults to talk to about sexual orientation ● Demonstrate and promote dignity and respect for all people.
<p>Anatomy and Physiology</p> <p>Students learn that males and females have different reproductive anatomy.</p>	<ul style="list-style-type: none"> ● AP.5.AI.1: Identify medically accurate information about female and male reproductive anatomy 	<ul style="list-style-type: none"> ● Identify male and female external reproductive anatomy
<p>Puberty and Adolescent Development</p> <p>Students learn about personal hygiene as their bodies change.</p>	<ul style="list-style-type: none"> ● PD.5.CC.2: Explain how the timing of puberty and adolescent development varies considerably and can still be healthy ● PD.5.INF.1: Describe how friends, family, media, society and culture can influence ideas about body image ● PD.5.AI.2: Identify parents or other trusted adults of whom students can ask questions about puberty and adolescent health issues 	<ul style="list-style-type: none"> ● Explain the variations of timing of puberty; ● Describe how media and society influences body image; ● identify trusted adults to whom students can ask questions.

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GRADE 4

LESSON SUMMARY	NATIONAL SEXUALITY EDUCATION STANDARDS	LESSON OBJECTIVES
<p>Healthy Relationships</p> <p>Students learn how to successfully navigate changing relationships among family members and classmates.</p>	<ul style="list-style-type: none"> ● HR.5.INF.1: Compare positive and negative ways friends and peers can influence relationships ● HR.5.AI.1: Identify parents and other trusted adults they can talk to about relationships 	<ul style="list-style-type: none"> ● Compare how friends and peers can influence relationships; ● Identify trusted adults to talk to about relationships.
<p>Personal Safety</p> <p>Students learn about the need for a growing awareness, creation, and maintenance of personal safety.</p>	<ul style="list-style-type: none"> ● PS.5.INF.1 Explain why people tease, harass or bully others ● PS.5.AI.1 Identify parents and other trusted adults they can tell if they are being teased, harassed or bullied ● PS.5.IC.2 Demonstrate refusal skills (e.g. clear “no” statement, walk away, repeat refusal) ● PS.5.SM.1 Discuss effective ways in which students could respond when they are or someone else is being teased, harassed or bullied 	<ul style="list-style-type: none"> ● Explain why people tease, harass, bully; ● Identify trusted adults to talk to about teasing, bullying, and sexual abuse; ● Demonstrate refusal skills and “no” statement; ● Discuss response skills to teasing, harassment, bullying.
<p>Identity</p> <p>Students learn several fundamental aspects of people’s understanding of who they are.</p>	<ul style="list-style-type: none"> ● ID.5.AI.1: Identify parents or other trusted adults of whom students can ask questions about sexual orientation ● ID.5.ADV.1: Demonstrate ways students can work together to promote dignity and respect for all people 	<ul style="list-style-type: none"> ● Identify parents or other trusted adults to talk to about sexual orientation; ● Demonstrate how to work together and promote dignity and respect for all people.
<p>Anatomy and Physiology</p> <p>Students learn the foundation for basic human functioning</p>	<ul style="list-style-type: none"> ● AP.5.CC.1: Describe male and female reproductive systems including body parts and their functions 	<ul style="list-style-type: none"> ● Describe male and female reproductive body parts and their functions.
<p>Puberty and Adolescent Development</p> <p>Students learn about the milestones that influence development for every person.</p>	<ul style="list-style-type: none"> ● PD.5.CC.1: Explain the physical, social and emotional changes that occur during puberty and adolescence ● PD.5.INF.1: Describe how friends, family, media, society and culture can influence ideas about body image ● PD.5.AI.1: Identify medically accurate information and resources about puberty and personal hygiene ● PD.5.AI.2: Identify parents or other trusted adults of whom students can ask questions about puberty and adolescent health issues ● PD.5.SM.1: Explain ways to manage the physical and emotional changes associated with puberty 	<ul style="list-style-type: none"> ● Explain and manage physical, social, and emotional changes during puberty; ● Describe factors that affect body image; ● Identify accurate information about puberty and hygiene; ● Identify trusted adults to talk to about puberty and hygiene.

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GRADE 5

LESSON SUMMARY	NATIONAL SEXUALITY EDUCATION STANDARDS	LESSON OBJECTIVES
<p>Healthy Relationships</p> <p>Students learn how to successfully navigate changing relationships among family members and classmates.</p>	<ul style="list-style-type: none"> ● HR.5.AI.1: Identify parents and other trusted adults they can talk to about relationships ● HR.5.IC.1: Demonstrate positive ways to communicate differences of opinion while maintaining relationships 	<ul style="list-style-type: none"> ● Identify trusted adults to talk to about relationships. ● Communicate difference of opinion within relationships.
<p>Personal Safety</p> <p>Students learn about the need for a growing awareness, creation, and maintenance of personal safety.</p>	<ul style="list-style-type: none"> ● PS.5.CC.2 Define sexual harassment and sexual abuse ● PS.5.AI.1 Identify parents and other trusted adults they can tell if they are being teased, harassed or bullied ● PS.5.AI.2 Identify parents or other trusted adults they can tell if they are being sexually harassed or abused ● PS.5.IC.2 Demonstrate refusal skills (e.g. clear “no” statement, walk away, repeat refusal) ● PS.5.ADV.1 Persuade others to take action when someone else is being teased, harassed or bullied 	<ul style="list-style-type: none"> ● Define teasing, sexual harassment, bullying; ● Identify trusted adults to talk to about teasing, bullying, and sexual abuse; ● Demonstrate refusal skills and no statements; ● Persuade others to take action when someone is being teased, harassed, or bullied.
<p>Identity</p> <p>Students learn several fundamental aspects of people’s understanding of who they are.</p>	<ul style="list-style-type: none"> ● ID.5.CC.1: Define sexual orientation as the romantic attraction of an individual to someone of the same gender or a different gender ● ID.5.AI.1: Identify parents or other trusted adults of whom students can ask questions about sexual orientation 	<ul style="list-style-type: none"> ● Define sexual orientation and romantic attraction; ● Identify trusted adults to talk to about sexual orientation.
<p>Anatomy and Physiology</p> <p>Students learn about the human reproductive systems and the process of pregnancy and reproduction.</p>	<ul style="list-style-type: none"> ● AP.5.CC.1: Describe male and female reproductive systems including body parts and their functions ● AP.5.AI.1: Identify medically accurate information about female and male reproductive anatomy 	<ul style="list-style-type: none"> ● Describe, medically, the male and female parts and function in pregnancy and reproduction.
<p>Puberty and Adolescent Development</p> <p>Students learn the physical, social, and emotional development and potential for reproduction of humans.</p>	<ul style="list-style-type: none"> ● PAD.5.CC.3: Describe how puberty prepares human bodies for the potential to reproduce ● PD.5.INF.1: Describe how friends, family, media, society and culture can influence ideas about body image ● PD.5.AI.1: Identify medically accurate information and resources about puberty and personal hygiene ● PD.5.AI.2: Identify parents or other trusted adults of whom students can ask questions about puberty and adolescent health issues 	<ul style="list-style-type: none"> ● Describe the potential to reproduce in humans; ● Describe factors that affect body image, ● Identify accurate information about puberty and hygiene; ● Identify trusted adults to talk to about puberty and hygiene;

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	<ul style="list-style-type: none"> ● PD.5.SM.1: Explain ways to manage the physical and emotional changes associated with puberty 	<ul style="list-style-type: none"> ● Explain how to manage physical and emotional changes during puberty.
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GRADE 5 CONTINUED

LESSON SUMMARY	NATIONAL SEXUALITY EDUCATION STANDARDS	LESSON OBJECTIVES
<p>Pregnancy and Reproduction</p> <p>Students learn about how pregnancy happens.</p>	<ul style="list-style-type: none"> ● PR.5.CC.1: Describe the process of human reproduction 	<ul style="list-style-type: none"> ● Describe the way humans reproduce.
<p>Sexually Transmitted Diseases and HIV</p> <p>Students learn the content and skills necessary to understand sexually transmitted diseases and HIV.</p>	<ul style="list-style-type: none"> ● SH.5.CC.1: Define HIV and identify some age appropriate methods of transmission, as well as ways to prevent transmission 	<ul style="list-style-type: none"> ● Identify age-appropriate information about how STDs and STIs are transmitted, symptoms, and prevention.