

7th grade Growth and Development Lessons

California Health Content Standards

Standard 1: Essential Concepts

- 1.2.G Summarize the human reproduction cycle.
- 1.8.G Recognize that there are individual differences in growth and development, physical appearance, gender roles, and sexual orientation.

Standard 2: Analyzing Influences

- 2.2.G Evaluate how culture, media, and other people influence our perceptions of body image, gender roles, sexuality, attractiveness, relationships, and sexual orientation.

Standard 3: Accessing Valid Information

- 3.1.G Identify trusted adults in one's family, school, and community for advice and counseling regarding reproductive and sexual health.
- 3.2.G Locate medically and scientifically accurate sources of information on reproductive health.
- 3.3.G Identify health care providers for reproductive and sexual health services.

Objectives:

Students will be able to:

- Identify at parts of the biological male and female reproductive system.
- Describe the functions of the parts of the biological male and female reproductive system.
- Describe the process of human reproduction by identifying the correct order of steps involved in conception.
- Define the terms sexual orientation, gender identity, and gender expression.

Lesson Resources:

Gender and Sexual Orientation

Reproductive System Anatomy and Physiology

- [Sexual and Reproductive Anatomy](#)
- [Everybody's Got BOdy Parts](#)
- [Sexual Development \(Alberta H System\)](#)

Day 3:

- [Hormones](#)
- [Puberty and Reproduction](#)