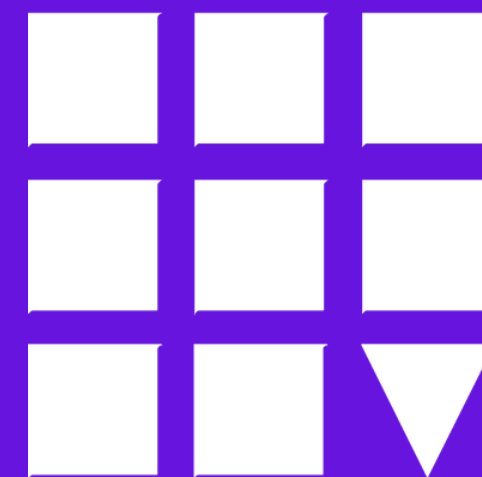
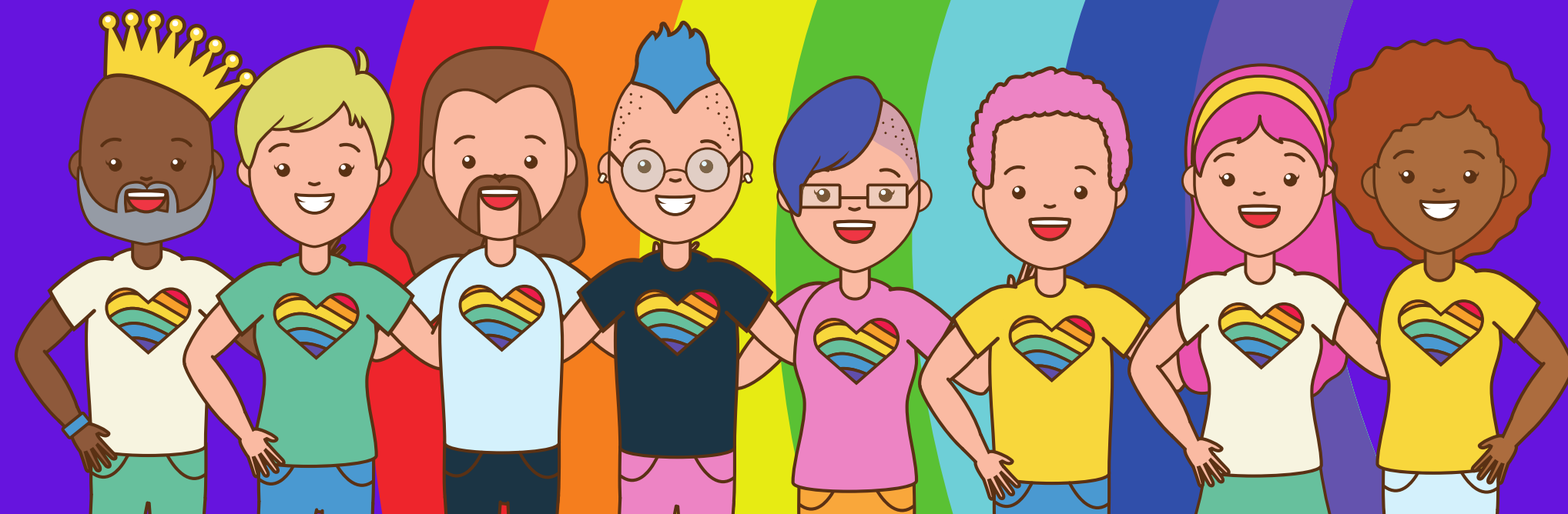


# GENDER 101

THE NEW HAVEN PRIDE CENTER

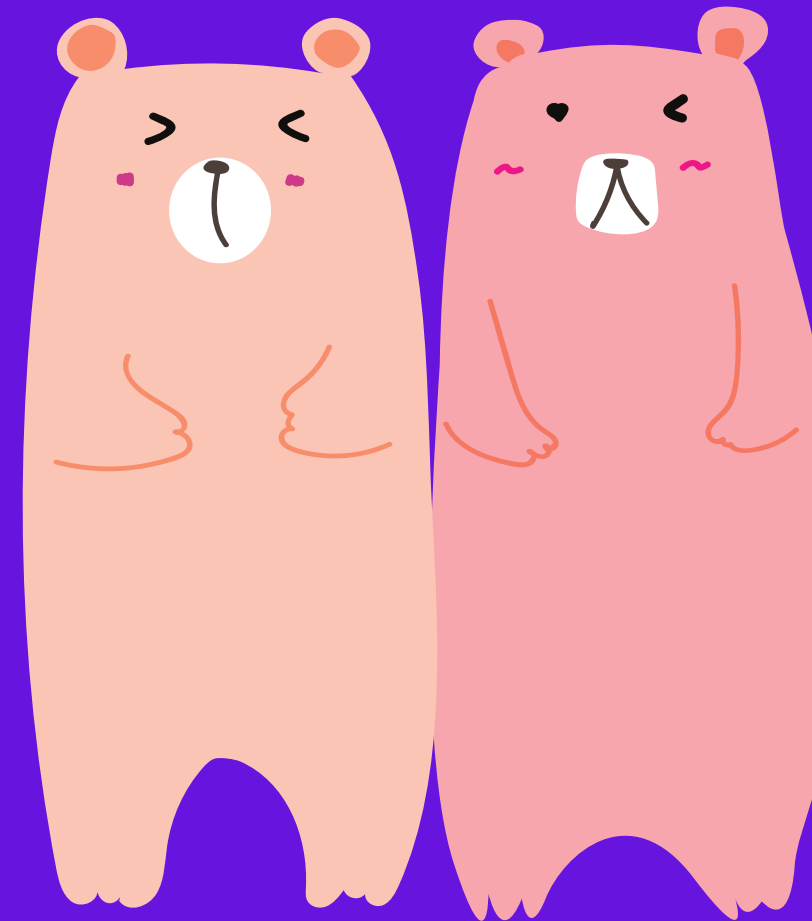


# Community Agreements:

## B.E.A.R.S

- Boundaries - presenters and participants are free to set boundaries around question about their own experiences
- Experience - this is a space where people have an opportunity to learn from the lived experience of trans people on how to best support us. We can have the best possible discussion if we talk about best practices from the vantage point of how to best implement them, not whether the support we advise is necessary.
- Agency - this is a space that centers the agency of trans youth and we will be having a discussion from that perspective
- Respect - this is a space for learning, please show respect for your fellow learners and correct gently
- Stack - please post questions in the comments and we have an open discussion so they can be answered

**Confidentiality:** Information shared by learners in this space does not leave this space.



# Let's Start with the basics.

Let's define the word **GENDER**, together.



# Gender Identity

- One's own understanding of their gender or lack thereof. Examples of gender identities: genderqueer, intergender, female, demigirl, male, agender, transmasculine, transfeminine, cis, nonbinary, genderfluid, bigender, Two-Spirit, etc., etc., etc.

## PRESENTATION

- how a person looks - clothes, hair, accessories, body language, behavior, etc., etc.
  - Presentation  $\neq$  gender. More about this later

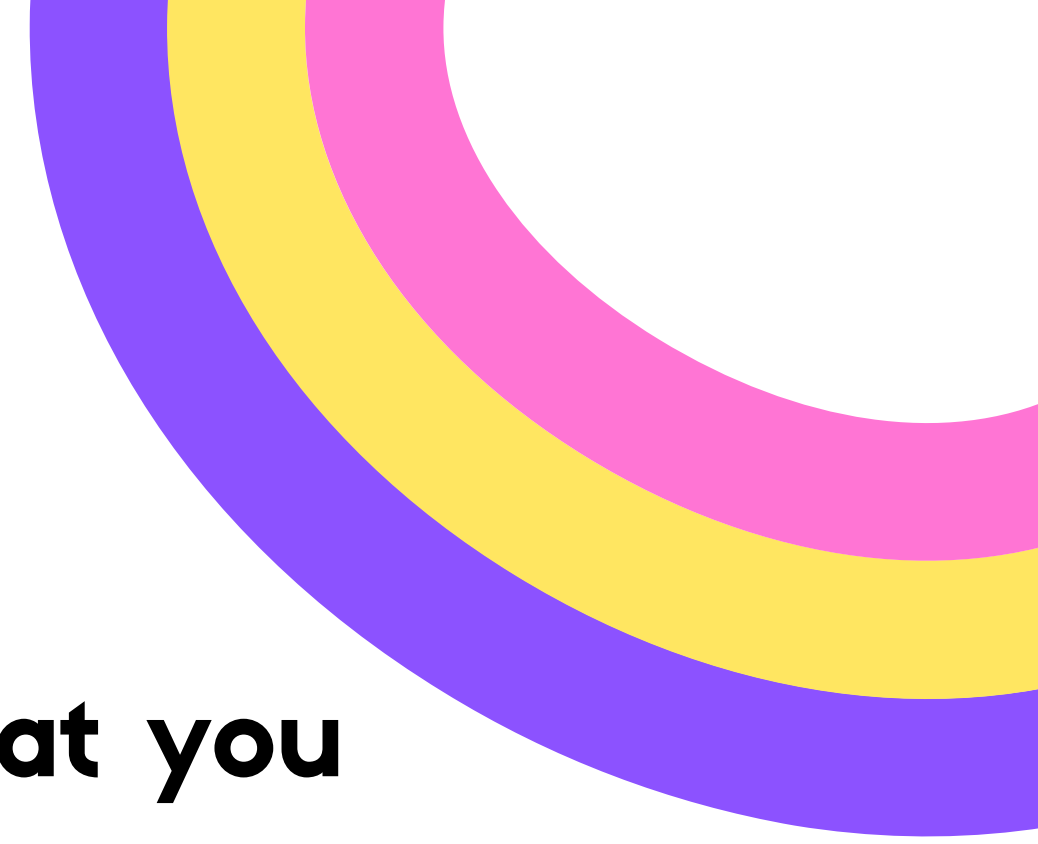
**Someone is ....**

## **Transgender:**

**gender does not match what you  
were assigned at birth**

## **Cisgender:**

**gender matches what you were assigned at  
birth**





# Clearing some things up. What we see $\neq$ who someone is.

- The assumption that sex equals gender is millenia old but if you look at the history of the trans community, as well as the existence of intersex people throughout history this myth starts to shed its authority
- Even though sex is real gender as we take part in it consciously is a social construct bolstered by pink toy ails vs. blue one's for boys (which is extra ironic when you remember blue used to be the color for 'girls' in Napoleans time and pink for 'boys')
- Gender roles are as varied as you can imagine but that doesn't mean that as a construct they **DON'T MATTER**. Gender is real and meaningful but incredibly more complicated than we generally think

# Grounding Ourselves



Bodies are incredibly varied in every way including gender

Many people incorrectly assume a person's gender based on what sex they were assigned at birth. But that assignment is based on flawed assumptions too!

## SEX CHARACTERISTICS

- Depending on the combination that someone is born with a doctor assigns a certain sex which is then assumed to be that person's gender even though these are



# Presentation

how you express gender

accessories

clothing

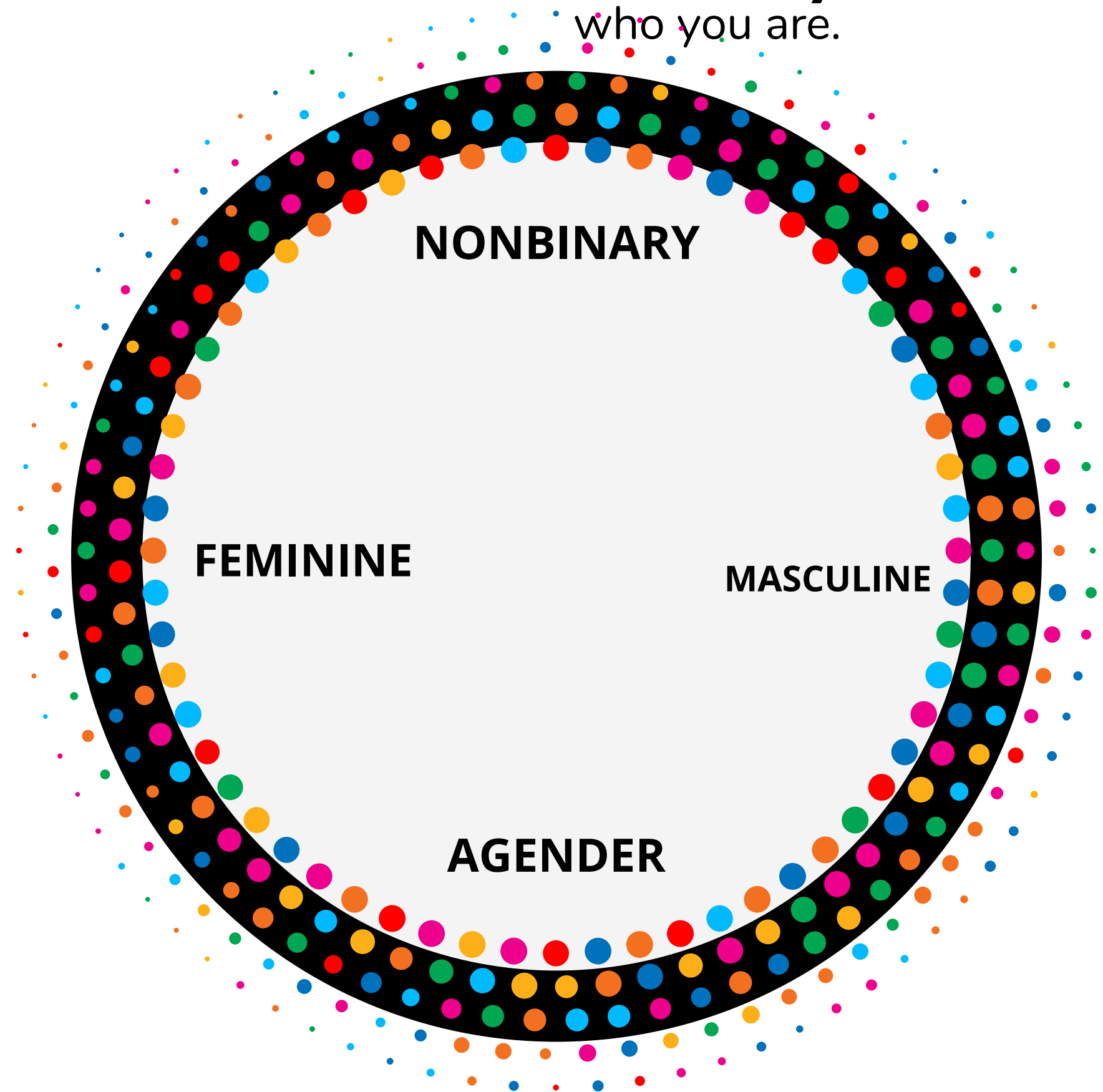
body language

haircut



# Gender Identity

who you are.







## **Orientation**

**Gay  
Lesbian  
Bisexual  
Pansexual  
Asexual  
Straight  
and  
many more**

## **Presentation**

**Clothes  
Hair  
Accessories  
Voice  
Body language  
And  
many more**

## **Gender Identity**

**Man  
Woman  
Nonbinary  
Agender  
Genderfluid  
Two-Spirit  
and  
many more**

# PRONOUNS

they are important, when doubt just ask.

## PRONOUNS

### A Helpful Resource

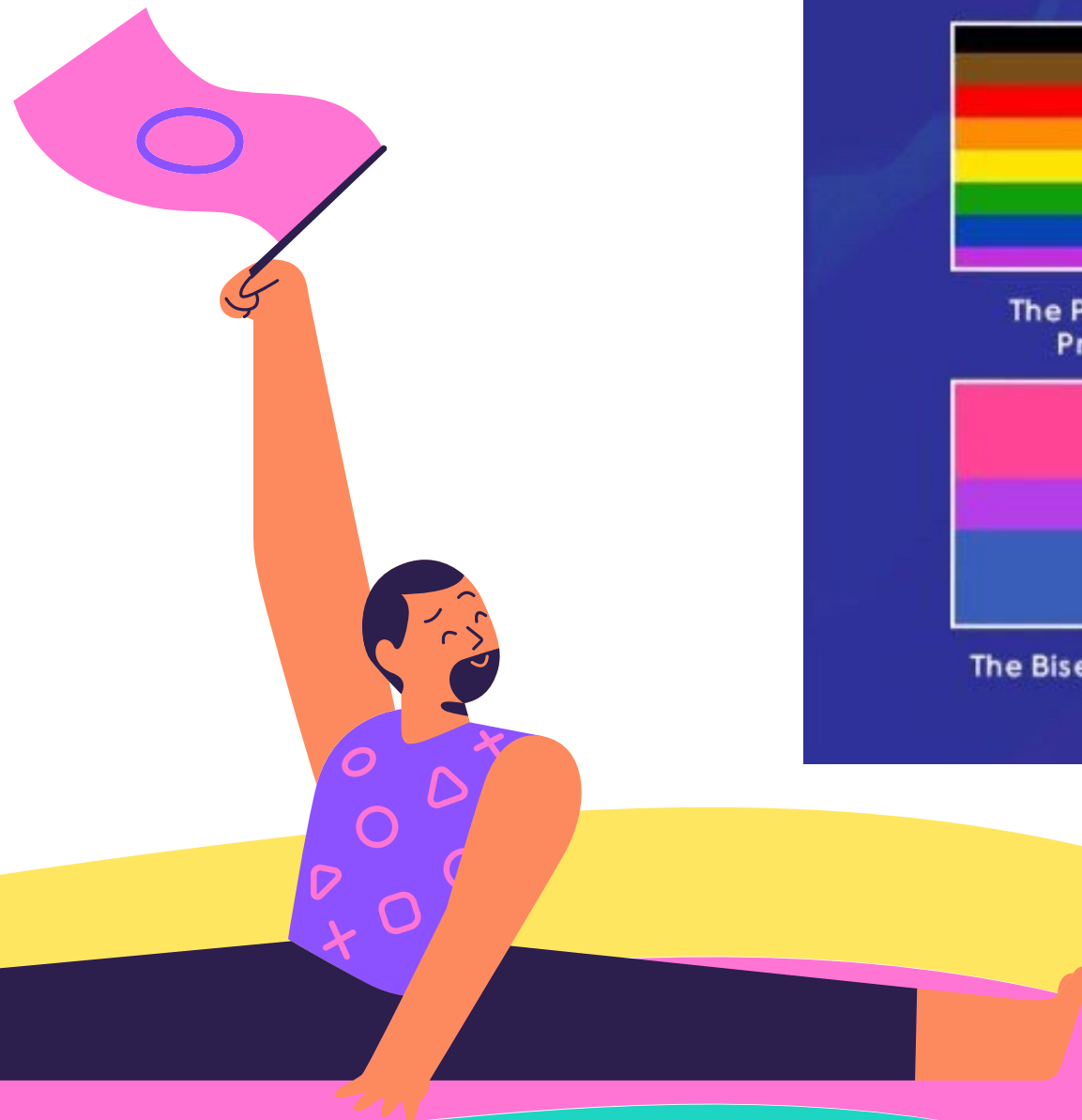
Pronouns are words that substitute for nouns. Gender pronouns are used in place of a person's name. This list is not exhaustive but is a good place to start!

### Binary and Gender Neutral Pronouns

	Nominative (Subject)	Objective (Object)	Possessive Adjective	Possessive Pronoun	Reflexive
She	She	Her	Her	Hers	Herself
He	He	Him	His	His	Himself
They	They	Them	Their	Theirs	Themselves
Ze	Ze	Hir	Hir	Hirs	Hirself
Ey	Ey	Em	Eir	Eirs	Eirself



# Pride Flags



# How to keep the conversation going with your kids

- trans community
- respecting self determination  
and agency
- you are your kids strongest  
advocate and ally




# What does Transitioning Mean?

- Social
- Medical
- Legal





# **Let's Debunk some Trans Myths**

- medicaly transitioning**
  - where are our daughters now? trans-masculinity**
  - sexuality and gender**
  - trans people and bathrooms**
  - all trans people medically transition**
  - trans people are mentally ill**
- 

**What does being trans in  
the world mean today?**

**Fear and Authenticity**



**Thanks for coming!**  
**trans@newhavenpridecenter.org**

